

Haven IOP Schedule 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY 1*	FRIDAY 2*
9:15-10:15 <i>Recovery Skills w/ Gabie</i>	9:15-10:15 <i>Seeking Safety w/Ryan</i>	9:15-10:15 <i>Anger Mgmt w/ Gabie</i>	9:15-10:45 <i>SMART w/Kristia OR 12-Step Ed w/Mia</i>	9:30-11:00 <i>Healthy Relationships w/Gabie</i>	9:30-11:00 <i>Psychodrama OR Writing w/ Joyce</i>
10:15-10:30 <i>Break</i>	10:15-10:30 <i>Break</i>	10:15-10:30 <i>Break</i>	10:45-11:00 <i>Break</i>	11:00-11:15 <i>Break</i>	11:00-11:15 <i>Break</i>
10:30-11:30 <i>Small Group w/ Rose</i>	10:30-11:30 <i>Relapse Prev. w/Rudy</i>	10:30-11:30 <i>Expressive Arts w/Patrice</i>	11:00-12:30 <i>MRT w/ Drew</i>	11:15-12:45 <i>Small Group w/Rose</i>	11:15-12:45 <i>Psychodrama OR Writing w/Joyce</i>
11:30-11:45 <i>Break</i>	11:30-11:45 <i>Break</i>	11:30-11:45 <i>Break</i>		12:45-1:15 <i>Lunch Break</i>	12:45-1:15 <i>Lunch Break</i>
11:45-12:45 <i>Meditation w/Mollie</i>	11:45-12:45 <i>Mental Health w/Joyce</i>	11:45-12:45 <i>Self-Esteem w/Gabie</i>			
1:15-2:15 <i>Recovery Skills w/Rose</i>	1:15-2:15 <i>Mental Health w/Joyce</i>	1:15-2:15 <i>Anger Mgmt w/Gabie</i>	1:00-2:30 <i>MRT w/Drew</i>	1:15-2:15 <i>Create Your Best Life w/Gabie</i>	1:15-2:15 <i>Create Your Best Life w/Gabie</i>
2:15-2:30 <i>Break</i>	2:15-2:30 <i>Break</i>	2:15-2:30 <i>Break</i>	2:30-2:45 <i>Break</i>	2:15-2:30 <i>Break</i>	2:15-2:30 <i>Break</i>
2:30-3:30 <i>Small Group w/Rudy</i>	2:30-3:30 <i>Seeking Safety w/Drew</i>	2:30-3:30 <i>Expressive Arts w/Patrice</i>	2:45-4:15 <i>SMART w/Kristia OR 12-Step Ed w/Mia</i>		
3:30-3:45 <i>Break</i>	3:30-3:45 <i>Break</i>	3:30-3:45 <i>Break</i>			
3:45-4:45 <i>Meditation w/Mollie</i>	3:45-4:45 <i>Relapse Prev. w/Rudy</i>	3:45-4:45 <i>Self-Esteem w/Gabie</i>			