

2022



IMPACT REPORT

Dear Friends of The Haven,

I was thrilled to join The Haven in February 2022 as the new Executive Director. The Haven was founded 53 years ago to address the needs of women with substance use disorders. Our organization has grown a lot throughout the years, but our core mission has remained the same. We provide women professional and holistic services to help them recover from substance use and move towards their best mental health.



Last year, we were able to help 538 women and their families. When a woman is helped, we see the ripple effects throughout our community. If a woman regains custody of her children, becomes a better caregiver, and breaks the cycle of intergenerational trauma, that has an immense impact on her family and our community.

We are so proud of our clients like Chamaine whose dreams and ambition for life came back while she was going through our residential program. Now Chamaine has been over 300 days sober and has joined the U.S. Navy. Or Bridget who completed our Intensive Outpatient Program, gained back custody of her son, transitioned into her own housing, and completed training to become a Recovery Support Specialist here at The Haven. Now Bridget is helping other women through their journey towards recovery.

We believe in *Recovery with Respect* and that means seeing each client as an individual with her unique needs and dreams. Many of our clients have been through immense hardships and trauma, yet they are standing before us full of aspiration and ready to start their path to recovery. We are so grateful to have your support on this journey. Thanks to community members like you, we can help our clients heal, stay connected with their families, and create hope for their futures.

With sincere gratitude,

A handwritten signature in purple ink that reads "Aimee".

Aimee L. Graves
Executive Director

Mission, Vision, and Values



Vision

We envision healthy communities, without stigma towards those with mental health and substance use challenges.

Mission

To provide professional, holistic services to all women as they unlock their potential while recovering from substance use and while moving towards their best mental health.

Values

We Believe in and are Committed to:

- Recovery with Respect
- Supporting clients in achieving their goals
- Recovery that is possible for all and is limitless in scope
- Assisting our staff with professional and personal development
- Contributing to the health of the Tucson community

538
clients
served



817
admits to
programming



over
8,000
IOP group
participations



2022 Highlights



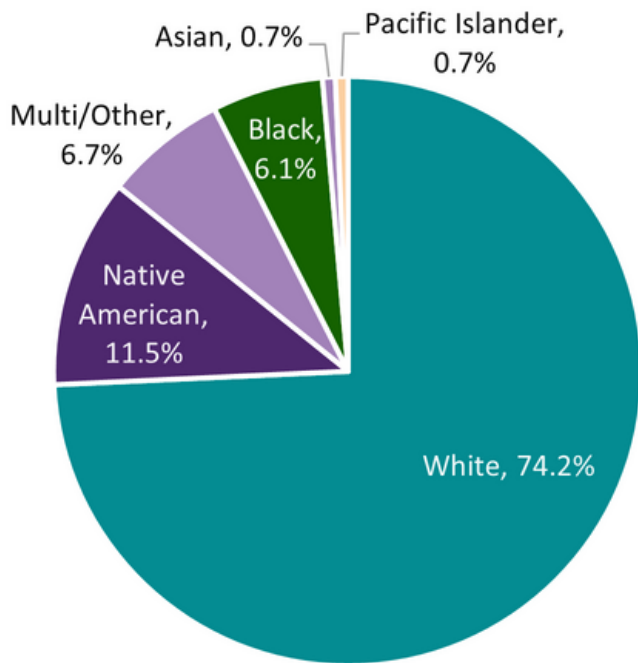
We began the Dog Fostering program and have had 3 dogs successfully return to owners or be placed for adoption.



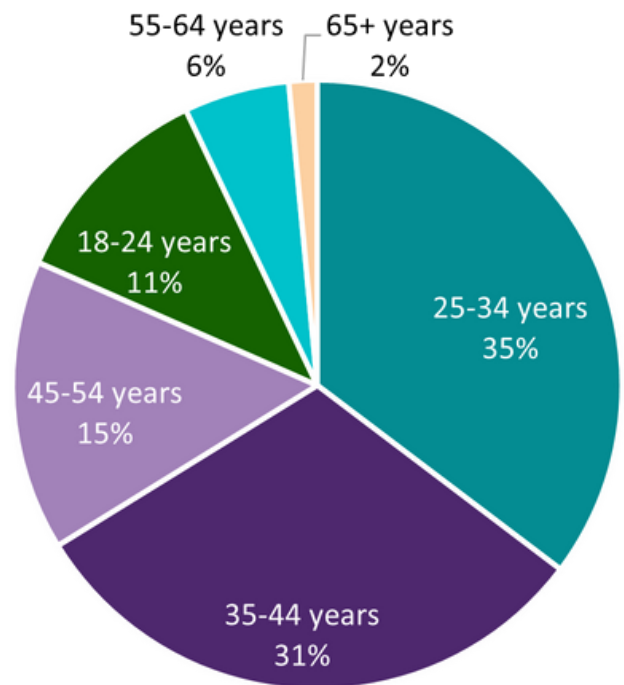
Over 100 clients received Food Handler Certification authorized by Pima County Health Department.

Who We Serve

Race



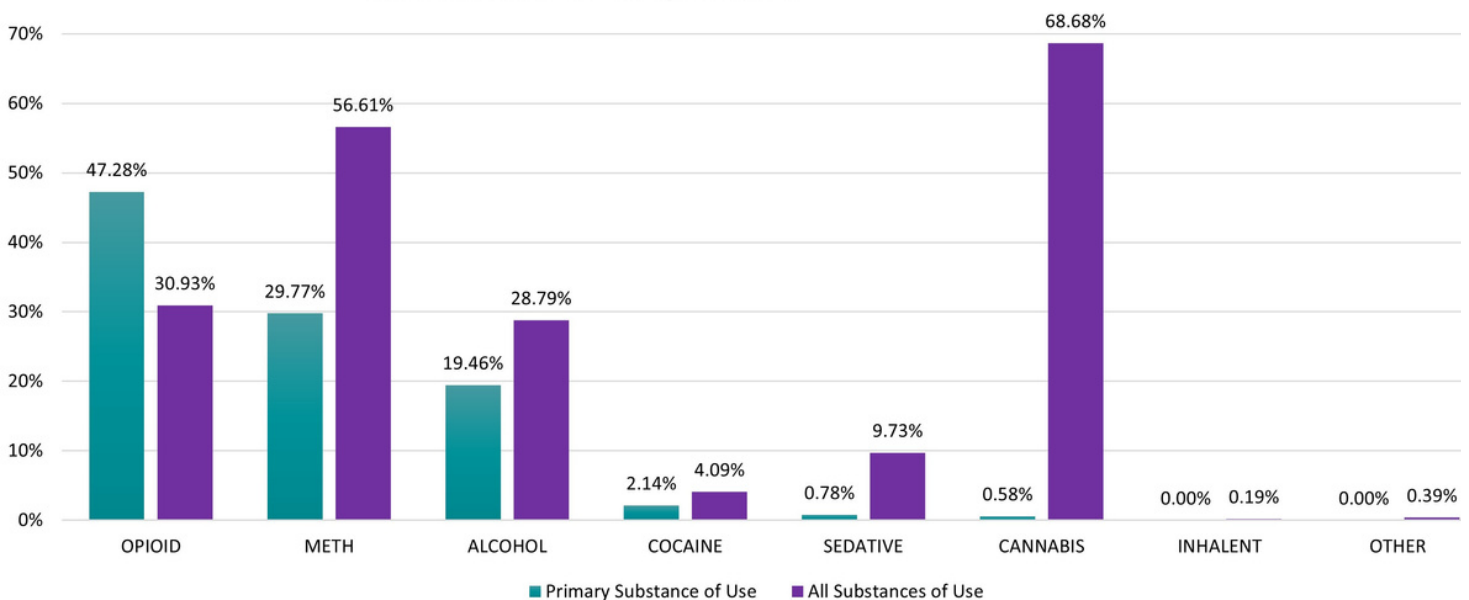
Age



Ethnicity



Substances of use/misuse



The Difference We Make

Residential Program

82%
decrease in
depression
score

76%
decrease of
anxiety/trauma
score

77%
increase in
protective
factors

73%
decrease in
risk factors

Intensive Outpatient Program

67%
decrease of
anxiety/trauma
score

59%
decrease in
depression
score

Outpatient Program

60%
decrease in
depression
score

47%
decrease of
anxiety/trauma
score



The Lives We Change

Dear Haven,

When I came through your gate, I was full of contempt and deep-seated hate.
Hate for the world, hate for myself – once again putting my life on a shelf.

Memories now flooding of wanting to run from you and hide
– you had too many rules for me to abide.

It took your whole team and all your purple butterflies,
but the realization hit – my life was full of lies.

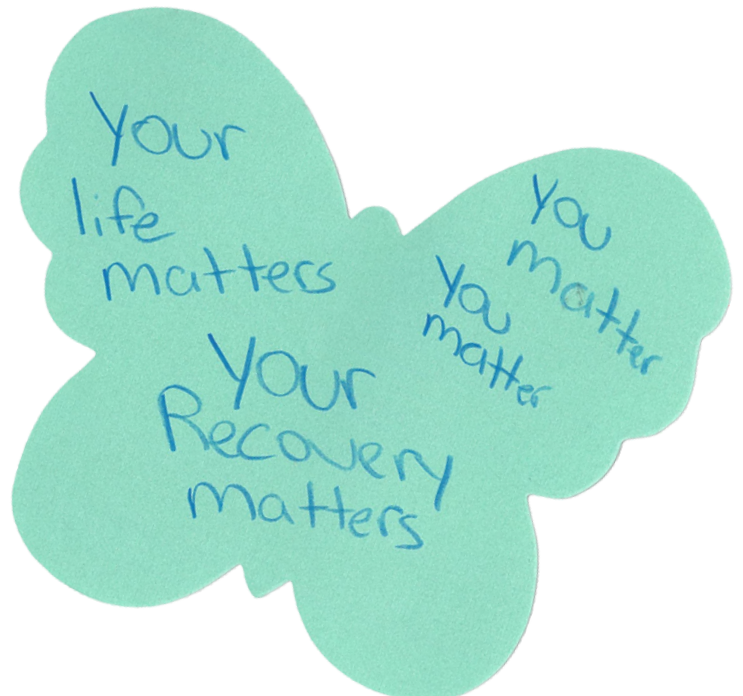
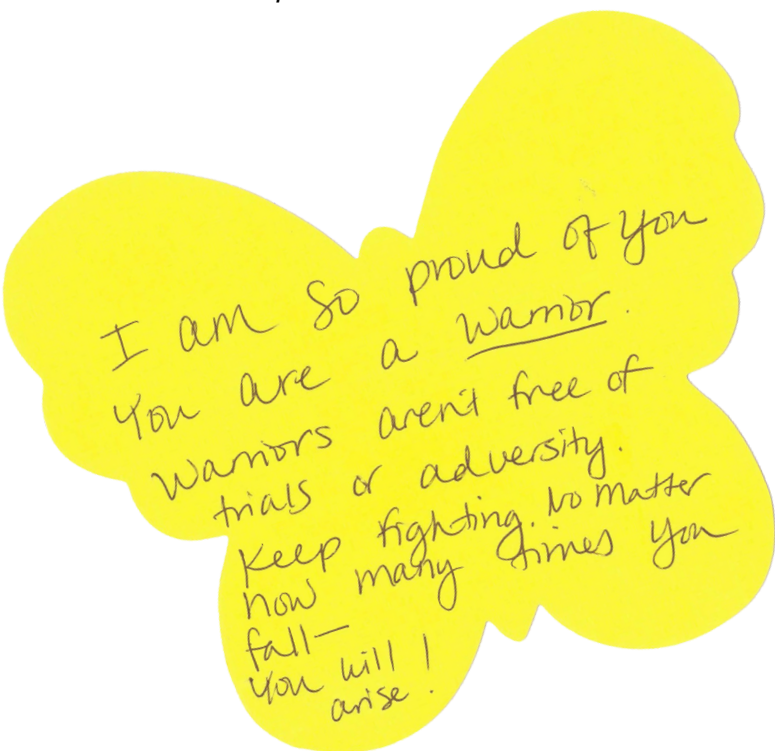
You waited patiently through my attitude of indifference.
Watching me become willing, open-minded, and different.

Every day you laid out a vital path to my recovery –
and then you gave me the honor of leading our community.

The challenges were many and the tests quite a few,
now I'm ready and prepared to start a life brand new.

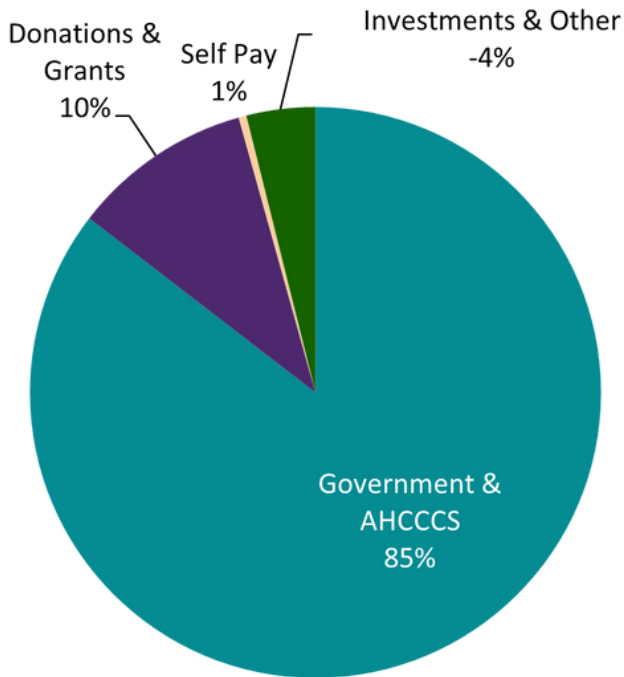
Thank you for being here and believing in me.
And for doing the same for those still struggling that you are yet to see.

K.C., September 2022



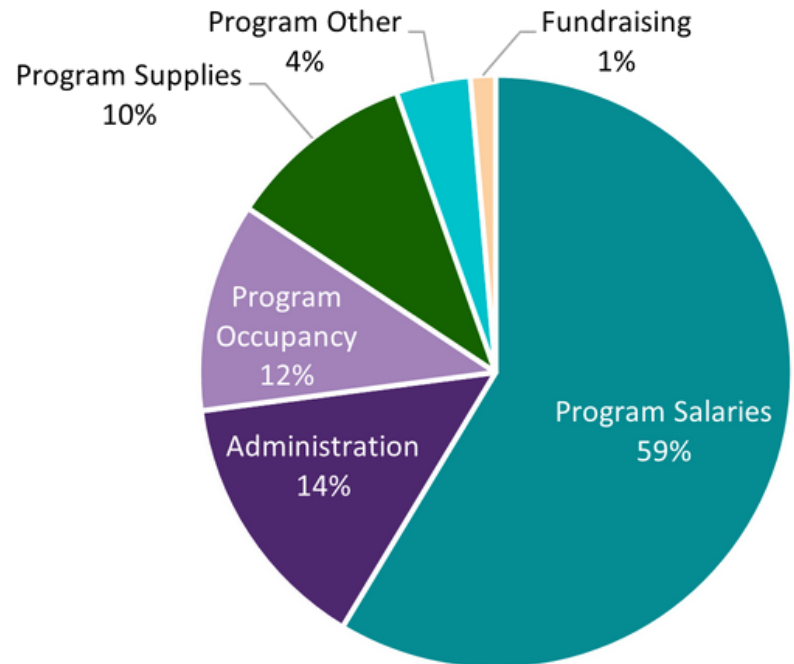
Financial Overview

Revenue



Government & AHCCCS	\$6,402,701
Donations & Grants	\$765,612
Self Pay	\$33,561
Investments & Other	\$(291,777)
Total	\$6,910,097

Expenses



Program salaries	\$4,115,177
Administration	\$1,004,802
Program occupancy	\$799,080
Program supplies	\$720,122
Program other	\$284,793
Fundraising	\$96,075
Total	\$7,020,049

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A special thank you to our supporters

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Connie Hillman Family Foundation

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