



## OUR MISSION

As an influential leader in the community, The Haven's non-profit mission is to offer the highest quality prevention and treatment services for women who, but for our program, would be homeless and hopeless. The Haven offers women "Recovery with Respect" while encouraging their spiritual, intellectual, emotional and physical development. We value affordable, safe, state-of-the-art substance abuse therapy that puts the Client and their Family first. Our focus on women and the acceptance into residence is unique in our community.

## RECOVERY WITH RESPECT

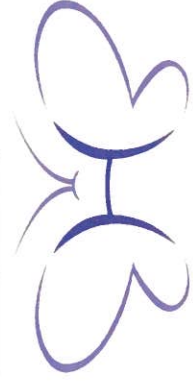
At The Haven, we believe that extraordinary people live in recovery on a daily basis and that with the right commitment and treatment, anyone can overcome their substance use dependency and achieve a better quality of life.



LEARN NEW SKILLS  
AND BE PREPARED  
FOR A CAREER IN THE  
FOODSERVICE  
INDUSTRY



The Haven  
Culinary Skills  
Development Program



THE HAVEN  
1107 E ADELAIDE  
520-623-4590  
[WWW.THEHAVENTUCSON.ORG](http://WWW.THEHAVENTUCSON.ORG)





## WHAT YOU'LL LEARN

The program covers all facets of work in a professional, commercial kitchen.

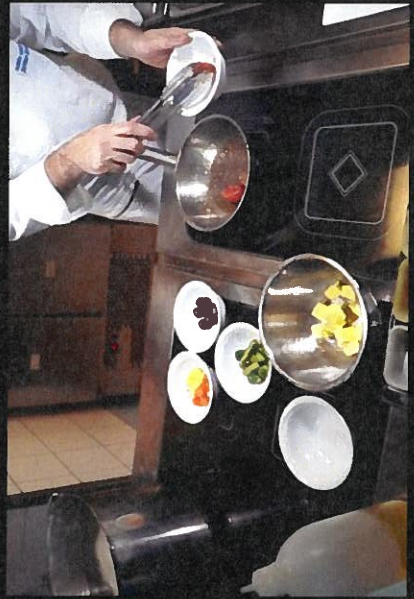
The program includes hands-on training instructed by our kitchen and house managers of The Haven.

You will gain personal growth through workforce development and training.

You will learn employment readiness skills, teamwork, positivity and punctuality.

## What You'll Earn

Food Handlers Card for employment purposes.



## SKILLS ACQUIRED

BASIC COOKING  
TECHNIQUES

KNIFE SKILLS

RECEIVING AND STORING  
FOOD (FIFO)

METHODS OF THAWING,  
COOLING AND REHEATING  
OF FOOD

SANITATION PROCEDURES

PROPER HYGIENE

MEAL PLANNING

MENU AND RECIPE REVIEW

HOW TO PREVENT WASTE

OVEN (CONVECTION)  
OPERATIONS