

WHO WE SERVE

We recognize that the experience of recovery is influenced by gender and ethnicity. The Haven is a safe space for women, trans women, and non-binary/gender non-conforming people who were assigned female at birth.

Indigenous people can connect to recovery that respects their culture and spirituality in our Native Ways program. Women of Latinx cultures will find staff that speak Spanish and seek to preserve their connections to family, language, and culture.

If you are parenting, you are welcome to bring up to two children under the age of 4 to live with you while in treatment. If you have older children, you can meet with them during visitation hours.

We accept the following AHCCCS plans: Banner UFC, AZ Complete Health, UnitedHealthcare Community Plan, and American Indian Health Plan. We also offer a sliding fee scale for our Outpatient services.

CONTACT US



Main line: (520) 623-4590
Intake team: (520) 300-5243



info@thehaventucson.org



1107 E. Adelaide Dr.
Tucson, AZ 85719



www.thehaventucson.org



[www.facebook.com/
TheHavenTucsonAZ](https://www.facebook.com/TheHavenTucsonAZ)



Recovery with Respect



INCLUSIVE
SUBSTANCE USE
DISORDER
TREATMENT FOR
ALL WOMEN

(520) 623-4590
info@thehaventucson.org

OUR APPROACH TO RECOVERY

Since 1970, The Haven has offered an effective approach to substance use recovery specifically for women. Our aim is to reunite families, rebuild communities, and strengthen the mother/child bond through the process of healing from substance use and co-occurring disorders.

Our programs are built upon a foundation of evidence-based, trauma-informed treatment. In addition to clinical care, we provide ongoing support and assistance in facilitating childcare, providing family therapy sessions, and communicating with local courts, law enforcement, and Arizona Department of Child Safety as needed. Furthermore, we focus heavily on living and recovery skills that support success at home and in daily life.



OUR PROGRAMS

The Haven has a Residential Program, an Intensive Outpatient Program (IOP), and an Outpatient Program designed to fit your unique needs. We also have an Alumnae Program and a Peer Support Employment Training Program.



Individual, group, and family counseling with master's level therapists



Access to recovery coaches with personal experiences in substance use



Building self-esteem and life skills



Parenting skills



Relapse prevention



Yoga, meditation, and acupuncture detoxification



Assistance and communication with courts, Arizona Department of Child Safety, employers, and mental health agencies

RESIDENTIAL PROGRAM

Our Residential Program creates a space where you are provided with the tools, trauma-informed clinical treatments, and unwavering support you need for your healing journey.

Our residential facility is in midtown Tucson and covers more than three acres. The facility features shared bed-and-bath suites and small cottages as well as outdoor courtyards and a children's playground for recreation and relaxation.

INTENSIVE OUTPATIENT PROGRAM

Our Intensive Outpatient Program provides a higher level of care than traditional outpatient programs.

The 90-day Intensive Outpatient Program includes 16-30 hours of weekly treatment services, including at least one hour of individual counselling, 12 hours of group counselling, and at least 3 hours of recovery-based classes.

We offer Recovery Housing so you can attend the program either with us or in your own home depending on your living situation.