

Native Ways Program

Highlights in June

Native Ways Strategic Planning

Part I

6/16/23

One of the crowning achievements for June was the coming together of several Haven departments to conceptualize and dream up the Native Ways Program's Mission, Vision, and Values. From Chief Executive Officer to front line staff, all important stakeholders were present and collaboratively working together.

Why a separate set of Mission, Vision, and Values from the Haven you might ask?

The answer is the nuances within the 22 Tribes and Nations here in Arizona and the propensity of becoming divided or favoring one over another. Each is a sovereign Nation or Tribe within their own right. The National Conference of Legislators had this to say about Tribal sovereignty:

"Tribal sovereignty refers to the right of American Indians and Alaska Natives to govern themselves. The U.S. Constitution recognizes Indian tribes as distinct governments and they have, with a few exceptions, the same powers as federal and state governments to regulate their internal affairs. Sovereignty for tribes includes the right to establish their own form of government, determine membership requirements, enact legislation and establish law enforcement and court systems."

[An Issue of Sovereignty \(ncsl.org\)](https://www.ncsl.org/legislative-services/tribal-affairs/tribal-sovereignty.aspx)

Having a specific Mission, Vision and Values for the Native Ways Program is best practice for working in Indian Country (see link for definition) and approaching the various sovereign Tribes and Nations. This may have been why past attempts were unsuccessful. The right people did not lead these efforts and a base foundation was not in place when approaching tribal members.

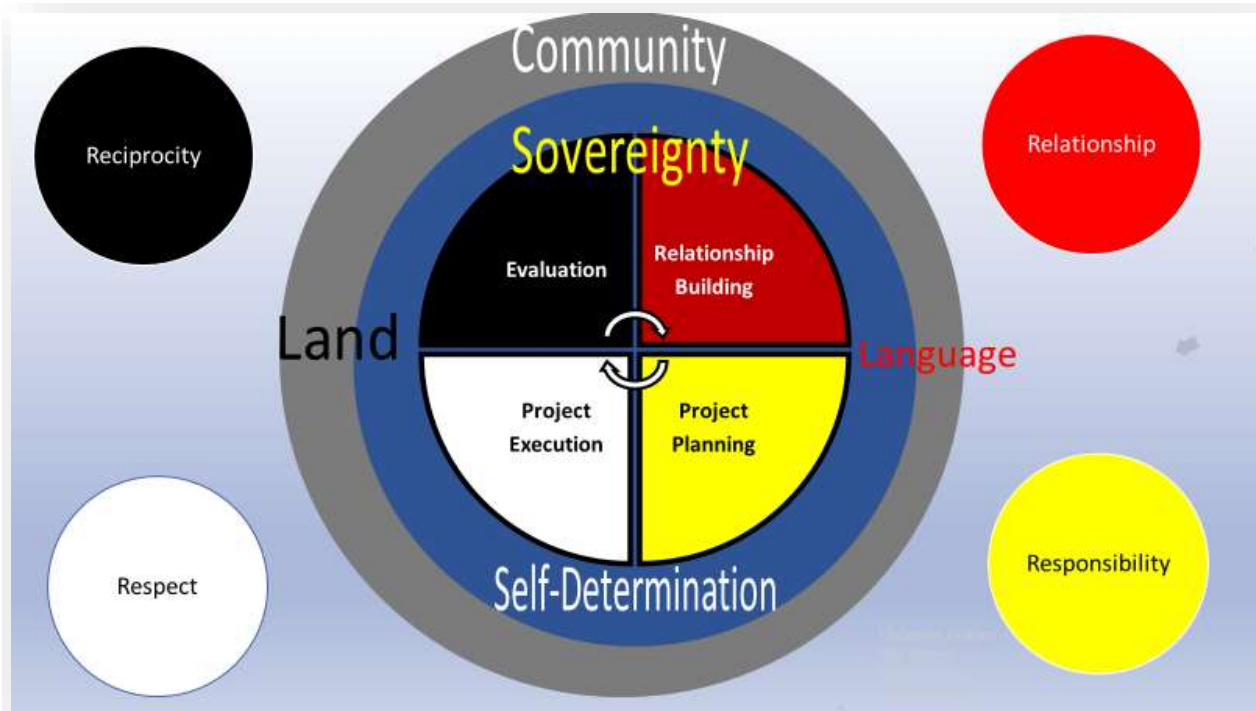
The Mission, Vision and Values for the Native Ways Program will be our guiding principles as we begin the outreach process, safeguarding the integrity of the Native Ways Program, solidifying NWP within the organization and ensuring expansion efforts will be successful. Strategic Planning Part II will be underway in August with all important key stakeholders present to finalize Mission, Vision and Values and then developing action plans.

<https://www.ncai.org/news/articles/2019/12/27/ncai-response-to-usage-of-the-term-indian-country#:~:text=It%20is%20important,Native%20people%20everywhere>

Native Ways Program



Facilitator Melodie Lopez, MSW discusses Tribal Sovereignty and what it means to work with Tribes and Nations.



Native Ways Program

Mary Castaneda, Sharese Bailey,
Vondi Grijalva, Allison La Croix,
Kelli Gacic, and Melodie Lopez



Aimee Graves, Latricia Clary,
Sandra Preston and Nati Cano



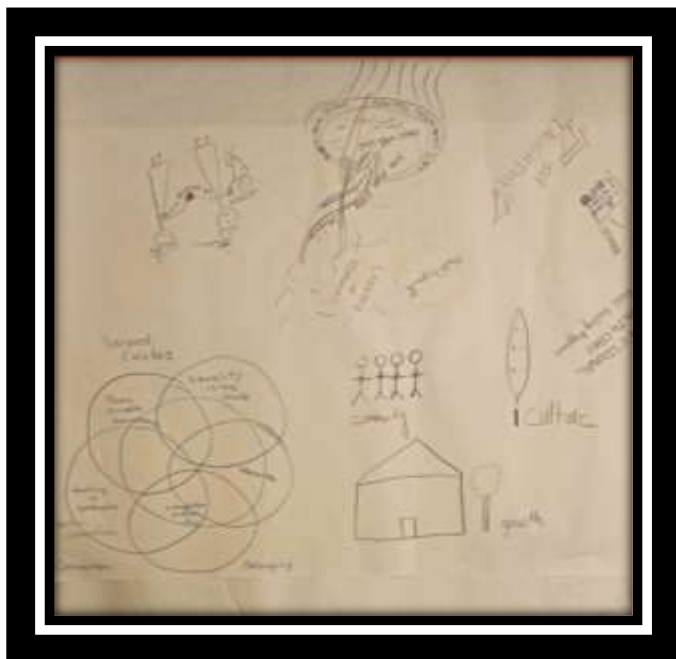
Briana Roybal, Cynthia Duncan,
Ryan Olsen, and Nora Silvas



Native Ways Program



Teams worked together to create a “Brave Space” and visualize the future of the Native Ways Program for our amazing organization, The Haven.



Native Ways Program

38th Annual San Xavier Alcothon

6/17/2023

Ladies in IOP participated in some healthy sober fun at an Alcothon in San Xavier. Alcothons offer continuous AA/NA meetings and speakers along with hospitality such as coffee/snacks and a meal. While there, Amber ran into a woman she helped in 2018 that is still sober and doing well! This woman now chairs meetings and was a part of the committee putting on the event. The IOP women were happy to meet her and to know that there are many other women in the community that the Haven has helped.



Native Ways Program

Tribal Community Wellness and Awareness Conference

6/23/23



Women in both Residential and IOP attended this yearly conference hosted by Arizona Complete Health in Maricopa. It was a day of learning, inspiration and developing self-esteem for all the women. Being able to participate in events such as this give women a sense of pride and belief that there is more to life in their recovery and that they are deserving of good things.



Native Ways Program

Alumni Drumming Group

6/27



Drumming with Native Ways Alumni at Hokimel Ki: is gaining traction and growing! One of the new IOP NWP women moved into the house on this day. She appeared nervous and reserved however by the time the drumming and food was over she was found in the living room with the other women laughing as though she had been there for weeks! Drumming brings people together and can be a form of strength within one's recovery.

Native Ways Program

Successful Completions in IOP/OP

Crystal "CJ" A. Successfully completed OP SUD on 6/23/23. Client decided that she felt ready to move forward from the Haven but wants to remain associated with the Alumni Program and practicing in Native Ways Drumming. Client shared that she felt ready to continue with her recovery on her own. Client has accepted a promotion at her job and is now a Shift Supervisor, attends NA meetings regularly, and continues to support her family unit. Despite completing OP SUD early, she has shown a consistent focus on reintegrating into the community with a positive attitude.

Jessica B. Successfully completed IOP on 6/28/2023. Jessica will be transitioning home with family and will continue working at Popeyes. Jessica intends to volunteer at the Gospel Rescue Mission and wants to re-certify to become a Pharmacy Tech again. She will continue with Native Ways OP SUD and will attend Peer Support Groups on Fridays and will continue with 1x1s on a weekly basis in OP. Jessica has said that *"The Haven has offered me something different than no treatment center has, packets never worked for me and here we learned about ourselves and about how to really heal. I am also thankful about the aftercare, I feel like I have a plan to continue doing well."*

Vanessa T. Successfully completed Native Ways IOP on 6/7/23. Vanessa will be reuniting with her family and daughter. She successfully completed her PRSS during IOP and will be focusing on continue attending meetings at Tucson Indian Center and securing employment. Vanessa shared *"I have never successfully completed Treatment before, this time because of Native Ways I feel completely different. I notice the difference in myself, and my family sees it also!"* Vanessa will continue with Native Ways OP SUD and will continue drumming at Hokimel Ki: with Native Ways Alumni Program.

Sandra "Corrinna" M. Successfully completed Native Ways IOP on 6/7/23. Sandra will be moving into her own apartment and hopes to start school to be an esthetician. Sandra shared with the group today that she sees a difference in herself and knows that is focused on reunifying with her son and maintaining her sobriety. Sandra will continue with Native Ways OP and plans to attend Monday & Friday groups as her new schedule allows.