Highlights in August 2023



Summer Wellbriety Event

8/3

Clients from Residential went to a Summer Wellbriety Event for some sober fun in the community.

Wellbriety events are centered on celebrating Native American heritage and ' nding recovery utilizing an Indigenous framework. Not everyone aligns with or ' nds recovery through other established AA or NA methods. Wellbriety offers wellness, incorporation of the Medicine Wheel and sobriety for healing oneself and the community while using.

While there, participants observed Aztec Dancers and Tony Redhouse as they shared their gifts with the community.



For an expanded version click here <u>WellbrietySteps</u>

Įndigenous Overdose Awareness Event

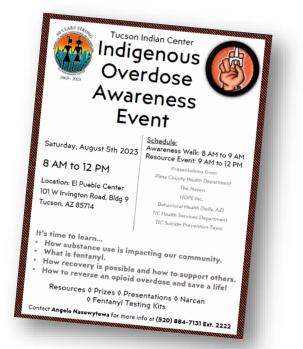
8/5

The Haven was prominent at an Indigenous Overdose Awareness Event hosted by the Tucson Indian Center. The Haven tabled the event thanks to Emilia and there was much support from staffiincluding Dennis and Sandra who brought clients from residential and Amber who brough IOP clients.

One Native Ways Alumni shared her story of resilience, hope, and inspiration as a way of giving back and illustrating positive recovery outcomes. Alumni speaker shared candidly about her experience and how she came to ' nd recovery along with her daughter who gave a teenager,s perspective on the direct impact of addiction.

Several Residential and ĮOP clients were moved to speak and shared about their positive experience with the Haven and ' nding sobriety.









Tucson Mayor & City Council

8/8

The Haven collaborated with Tucson Indian Center and Tohono O,odham Behavioral Health on a presentation for a study session to the Tucson Mayor and City Council regarding the fraudulent sober living homes impacting Native Americans in Tucson.

One current [OP client was directed impacted and was able to share her story and elaborate on the detrimental effects these fraudulent homes have had on her as well as coming to the Haven. The Haven,s Native Ways Program is continuing to gain traction and needed support in the community as a legitimate facility that provides quality care and services not only to Native American women but also for the greater community at large.



If you are interested in watching the clip item 4 Fraudulent Sober Living Homes begins at about 54:00.

Tucson Mayor & City Council Meetings. AUGUST 08, 2023. - YouTube

From left to right Dr. Katie Casanova and Charlette Marquez from Tohono O,odham Behavioral Health (TOBH), Veronica Boone from Tucson Indian Center, Amber and Victoria from The Haven, Marceline Kandi from TOBH and Julia Chavez from Arizona Complete Health





Native Ways Curriculum Meeting Kickoffi

8/9

As part of the expansion efforts for the Native Ways Program a meeting of the minds came together to kickofficreating a cohesive curriculum for the program and streamlining efforts across sites. Ryan was onboard to help kickoffibut will be deferring to key guidance and insight from Clinical Director Kelli to ensure the clinical expertise is ingrained into every aspect.

Native Ways Strategic Planning Part []

8/11

Completion of Mission, Vision and Values was achieved with a smaller group in order to cover much needed ground. More will come on the journey getting to this critical point!

Native Ways Mission Statement: Healing generations by honoring Native culture.

Native Ways Vision Statement: Natives thriving in community.

Native Ways Values:

Compassion, Connection, Healing, Honor



Townhall

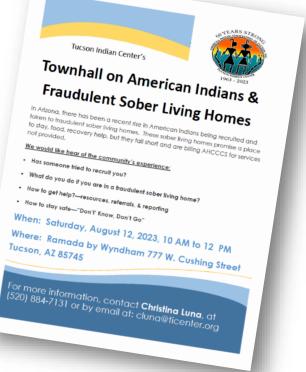
8/12

A Townhall on the fraudulent sober living homes was provided in an effort to raise awareness to important stakeholders in the community such as law enforcement agencies like Tucson Police Department. The emphasis of this event was on describing what is happening, why and giving those directly impacted in the community a platform to voice their concerns.

Providers such as The Haven, Tucson Indian Center, and Pascua Yaqui Tribe shared about the impact and observations made over the last several months.

Events such as this continue to promote the Haven as a premier and safe agency to send women in need of recovery services.









Successful Completions

Residential

Brittany

Brittany successfully completed the Native Ways Program in residential treatment and discharged to The Haven [OP with Recovery Housing. She did well while in treatment and actively engaged in all aspects of the program.

<u>Priscilla</u>

Priscilla successfully completed the Native Ways Program in residential treatment and discharged to The Haven JOP with Recovery Housing. She did well while in treatment and reported being positive and ready for the next phase in her recovery.

<u>Wanda</u>

Wanda successfully completed the Native Ways Program in residential treatment. She was community leader and participated in all aspects of the program. Wanda will be attending JOP from home without housing.

Bernadette

Bernadette successfully completed the Native Ways Program in residential treatment. She reported being positive about her continued recovery and optimistic about moving forward and facing any challenges in her recovery. Bernadette will be attending another [OP facility.

JOP

<u>Nycol</u>

Successfully completed ĮOP on 8/2. Nycol recently secured employment at Dollar Tree and is in school at Carrington College to become a Medical Assistant. Client is currently receiving straight A,s. Nycol will continue with Native Ways OP SUD services will continue with Įndividual Therapy.

<u>Roxxann</u>

Successfully completed ĮOP today 8/4. Roxxann has secured employment at Yoshimatsu and will plans to start her GED courses as well as complete PRSS classes. Roxxann will continue with Native Ways OP SUD services and will continue with Įndividual Therapy.

<u>Leslie</u>

Successfully completed IOP on 8/30. She was able to gain employment with Cricket and is currently enjoying her job and reports feeling proud to tell her children "I am at work., Leslie is working on restoring relationships and feels proud to be sober and putting her needs ' rst for the ' rst time. Leslie will continue with OP SUD with myself.