



Native Ways Program

2023



Staff



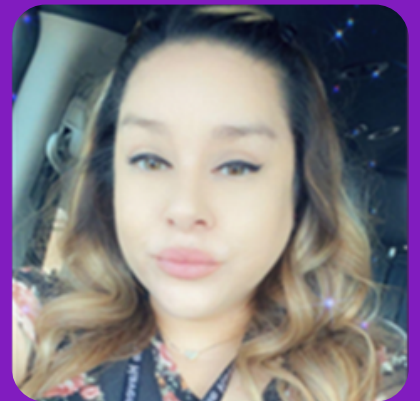
Native Ways Educator
Natividad Cano, LISAC



Native Ways IOP Therapist
Briana Roybal, LAC



**Native Ways Residential
Therapist**
Sandra Preston, MSW



**Native Ways Recovery
Coach**
Nora Silvas,



Native Ways Peer Mentor
Joni Hubbard,

Native Ways Strategic Planning



Native Ways Mission Statement:

Healing generations by honoring
Native culture.

Native Ways Vision Statement:

Natives thriving in community.

Native Ways Values:

Compassion, Connection, Healing, Honor

Winter



Winter was a significant season for Native American tribes as it was a time of rest and reflection. Many tribes would move to winter camps where they would remain for the entire season. The winter season also brought about a change in hunting and gathering practices, as many of the animals and plants that were available in the warmer months were no longer available.

During this time, tribes would focus on preserving the food they had gathered during the fall season, such as drying or smoking meat and fish. They would also engage in crafts such as making clothing and blankets from animal hides. Winter was also a time for storytelling and passing down traditions from one generation to the next.

In some tribes, winter was also a time for spiritual ceremonies, such as the Hopi tribe's Soyal ceremony, which was a celebration of the winter solstice. Overall, winter was a time for Native American tribes to slow down and focus on the important things in life, such as family, community, and tradition.

Program Reflections

2023



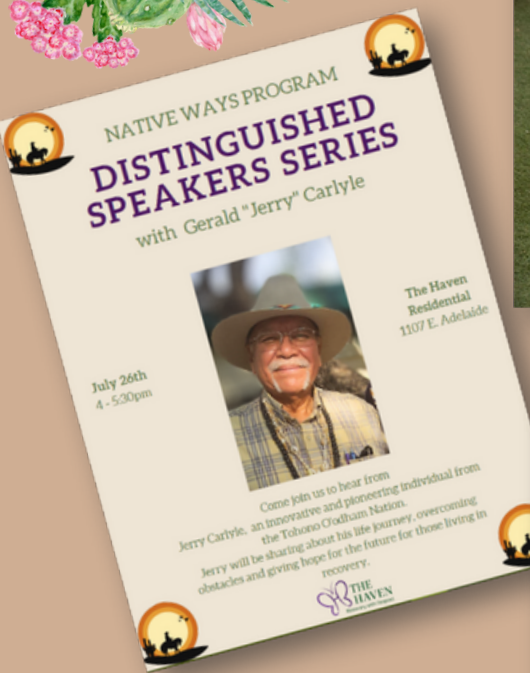
Revitalization of Distinguished Speakers Series

Butterfly Open House

Launch of Alumni Program for Native Ways

Strategic Planning

**Launch of New Dawn Warrior Women Sexual Health
and Curriculum groups**



Native Ways



End of a Season

Native American languages do not have a direct translation for the English word "goodbye". This is because in many Native American cultures, there is a strong emphasis on community and relationships, and saying "goodbye" implies a finality and separation that is not desired.

Instead, many Native American languages have phrases or words that express a sense of "see you later" or "until we meet again". In the Lakota language, the phrase "toksa ake" means "see you later".

These phrases reflect the importance of maintaining connections and relationships within Native American cultures, even when distance or separation occurs. It is a beautiful reminder of the value that Native American cultures place on community and connection.



It has been a pleasure and an honor serving in the capacity of Native Ways Program Manager.

Until we meet again.

Amber Santa Cruz