

# Proposal for Inspirational Murals in The Haven Upper Rec

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## Introduction

The purpose of this proposal is to present a plan for creating inspirational murals in The Haven Residential Upper Rec room. This initiative aims to enhance the environment, inspire hope, and foster a sense of transformation for clients as they navigate their recovery journey.

## Goals of the Project

### 1. Enhance the Environment:

The addition of vibrant and meaningful murals will create a more uplifting and inviting atmosphere, making the education room a space of healing and inspiration. Having a beautiful desert motif.

### 2. Symbolize Transformation:

The murals will incorporate themes of transformation, prominently featuring butterflies as a symbol of change and rebirth, which resonates deeply with the recovery process. It would feature a crouch woman in despair going through stages to include butterfly wings as she takes flight in her self-directed life.

### 3. Support Recovery with Respect:

These artworks will be designed with sensitivity to the experiences of our clients, promoting strength, resilience, and the dignity of each individual's journey, thereby creating a space of respect and safety.

## Overall Costs

- Materials: Paints, brushes, scaffolding, and protective gear: \$1,000
- Artist Fees: Compensation for local artists to design and execute the murals: \$2,500
- Labor Costs: If volunteers are not available, consider hiring additional helpers: \$500
- Total Estimated Cost: \$4,000

## Completion Time

- Project Planning and Design Phase: 2 weeks
- Murals Execution Phase: 4 weeks
- Total Project Duration: 6 weeks

## Expected Benefits

- Enhanced Client Experience: The murals will create a warm and encouraging environment that supports healing and education. By instilling a sense of beauty and positivity, clients may feel more at ease and engaged during recovery sessions.
- Aligned with Mission: The murals can embody the mission of the Center, illustrating themes of empowerment and transformation, ultimately reflecting the journey of recovery and personal growth.
- Community Engagement: This project may foster partnerships with local artists and organizations, enhancing community support and strengthening connections for clients and the center.

## Conclusion

Investing in inspirational murals is a step towards enhancing the therapeutic environment of The Haven which I always describe as a Women's Trauma and Recovery Center. By celebrating themes of transformation and respect, we can significantly enrich the clients' recovery experience. We respectfully request approval and support to proceed with this impactful initiative. I've also included a visual I created for another purpose to give an idea of the stages of change of the individual.

Sincerely,  
Shandra Bailey, BHT, PRSS  
Educator III  
The Haven Residential