

THE HAVEN
CEO's Report
Submitted to the Board by Aimee Graves
November 20, 2024

"I entered The Haven feeling like a victim, and I told my daughter yesterday that when I leave in two weeks, I'll be leaving a warrior woman!" – Haven Member

Finance

For October 2024, Cash; Investment; and net Accounts Receivable balances are \$4.4m with 245 days (8 months) cash on hand, up 11 days from September. The net AR for American Indian AHCCCS is probably high for October and possibly high for September. The Current Ratio, current assets over current liabilities, is 3.92 to 1. At October's close, 96% of non-American Indian AHCCCS Client Accounts Receivable were aged at 90 days or less.

Only 18% of American Indian AHCCCS (AI AHCCCS or AHCCCS) Client Accounts Receivable is aged at less than 90-days. We learned, recently, that AHCCCS ages their Claims Payables from the day that they received the claim or the day that they received all the documentation that they did not clearly request until May of 2024. So, the fact that we still have a lot of claims with dates greater than a year ago is not a big deal to them. They are having a 3rd party process their claims and when they do adjudicate them the majority come back as "Your claim contains incomplete and or invalid information, and no appeal rights are afforded because the claim is un-processable. Please submit a new claim with the complete/correct information." Mostly, there is no indication what the defect is, or the defect is incurable (signatures are insufficient). The Gross AR for AI AHCCCS is \$489,378 (net of \$138,102), with an allowance for doubtful accounts and contractual write-off of \$180,339 and \$170,339, respectively.

The Net Operating deficit for October was -\$59,381, an unfavorable variance to budget of \$14,542 (32%). Revenue for October was 87% of budget (down \$73,471 in earned revenue) and Costs were 90% of budget (down \$61,918). The average daily census at Residential was 36 with a budget of 48 and the average daily IOP day code billed was 46 with a budget of 59.

Accounts Payables and the credit cards are 64% current. Insurance premiums for liability and workers' compensation are being paid in monthly installments. Rent is being paid on the 1st day of the month. In October recoupments for SUBG overbilling were satisfied and \$150,000 was pulled from Investments for the November 8 payroll.

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Programs & Services

Latricia Clary has stepped in to support and guide the clinical team, ensuring continuity and stability during this transitional period while we recruit for a VP of Clinical Services. She has assumed a leadership role by coordinating with clinical staff to maintain consistent workflows, overseeing essential administrative tasks, and providing guidance on compliance and best practices. The aim is to bridge any gaps left by the temporary vacancy, ensuring that the clinical team has the support needed to continue delivering high-quality care.

Admissions for October

Since August 2024, Arizona Complete Health (AZCH) request for authorization denials have severely impacted the census at Residential. AZCH is approving the initial Prior Authorization and denying the first concurrent review (CCR) to those members who have not attempted a lower level of care prior to admitting to Residential treatment. To see what would happen, we accepted three AZCH members into residential treatment who had not attempted a lower level of care, but who *did*, however, meet criteria for residential substance use treatment. Two of the three members were released from Pima County Jail and one member was discharged from Banner Hospital directly to The Haven. *All three members successfully completed their intakes and AZCH approved all 3 members' initial 30-day Prior Authorizations.*

As of 11/6/24, there had been five AzCH members in the month of October who met criteria for Residential but were referred to IOP due to not attempting a lower level of care first.

- Two were still in incarceration. Release dates were TBA, and we were to be contacted when they were ready for release.
- One individual's probation officer stated that the member was mandated to go to Residential, so they made other arrangements outside The Haven. We do not know where the individual went.
- One member was scheduled for an IOP intake but rescheduled. By the time she rescheduled, she no longer met the criteria for Residential, so her only option was IOP. The member had just admitted to IOP on 11/5/24, so there was no data to report regarding her success at that time.
- The final individual is one that we took a chance on admitting to Residential instead of IOP the last week of October. AzCH approved this member for Residential. Since this member was approved for Residential,

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despite what AzCH said in the past, we took a chance on three additional members, and they were all approved to go to Residential!

AZCH also denied prior authorizations for two residential members due to member being Non-Title XIX Substance Use Block Grant (NT19/SUBG). AZCH communicated to us that there was no SUBG funding available. We made the decision to accept the individuals regardless on the premise that AZCH could make funding retroactive. We were ultimately awarded SUBG dollars for FY25, but at a considerably less amount. We will be monitoring use of these funds over the course of the year.

A trend we are seeing now is that new referrals are not appropriate for either Residential or IOP treatment. We received 121 Referrals/Prescreens in the month of October. Of those, we scheduled 30 residential intakes and 35 IOP intakes were scheduled. Five are currently pending release from custody and 51 of the referrals were not appropriate for either residential or IOP treatment at The Haven. (i.e., mental health symptoms being primary diagnosis, lack of contact with member, or referral was rescinded by member)

There have been rumors, but nothing officially posted on the AHCCCS website or communicated to us in writing, that AHCCCS had postponed the 10/1/24 requirement to use The American Society of Addiction Medicine (ASAM) Continuum. We will continue to administer this tool so long as it is an AHCCCS—and therefore health plan requirement—or we receive something in writing that assures us otherwise.

Residential

Scheduled:	Completed:	Pregnant:
31	26	1

IOP

Scheduled:	Completed:	Pregnant:
38	30	2

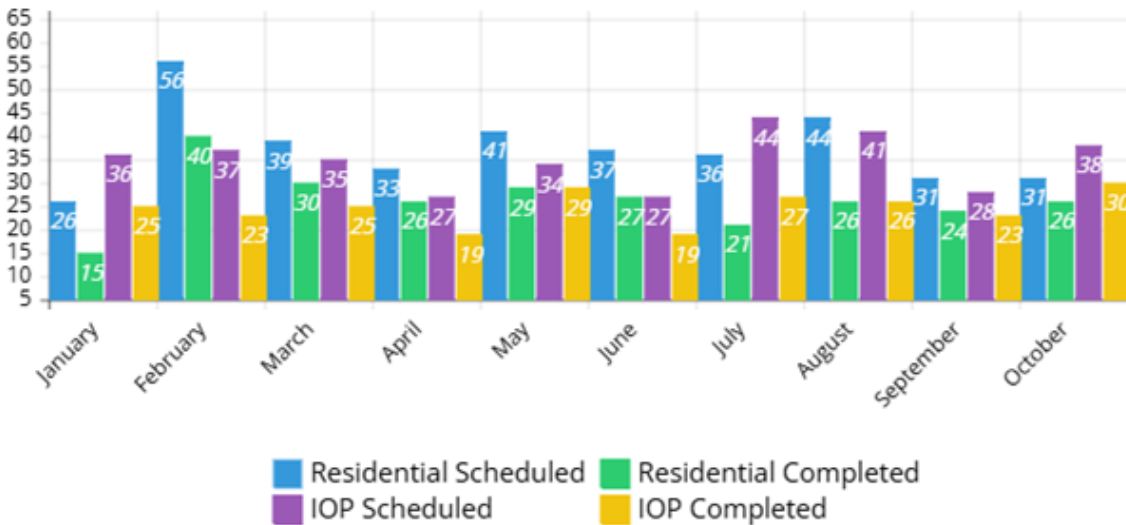
In October, the Admissions team saw a significant increase (83%) in completed intakes for Residential, up from just 77% in September, and 59% in August. We experienced a decrease in completed intakes (79%) for IOP, down from 82% in September, but still stronger than the 63% in August. With the programs

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combined, an 81% intake completion rate was achieved, up from 61% in August with **69 Scheduled admissions total and 56 completed admissions.**

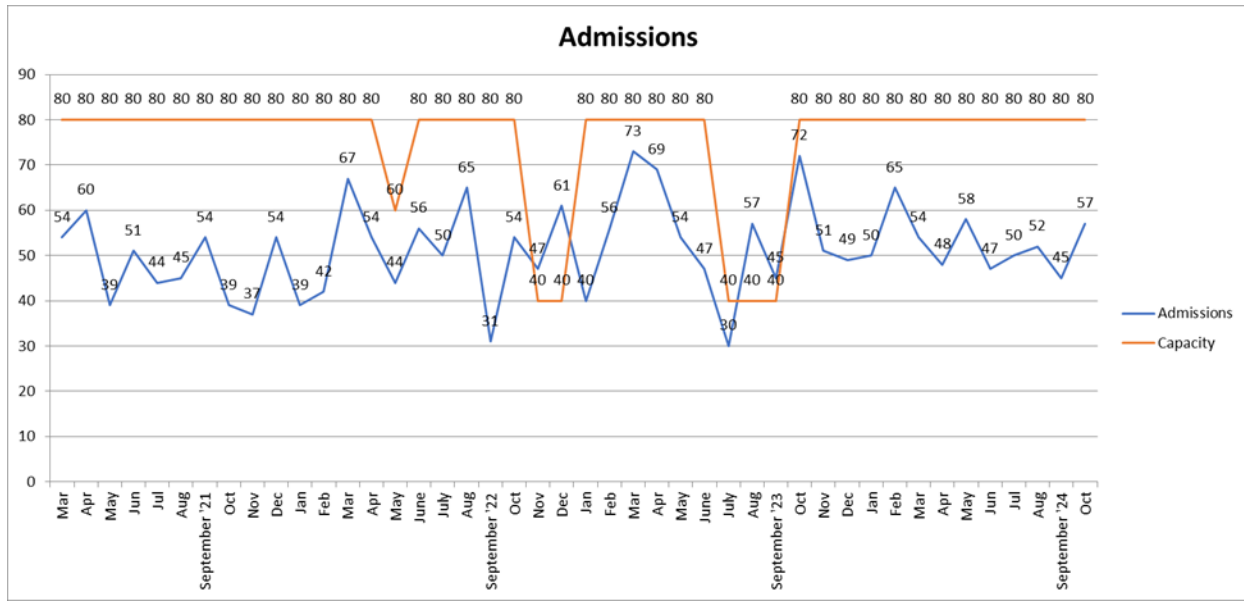
ADMISSIONS TRENDS

2024



<u>RESIDENTIAL declined services cancelled or no show.</u>	<u>IOP declined services cancelled or no show.</u>
Pima County Public Defender's Office- 1 rescheduled (Did end up completing intake on different day)	Drug court probation- 1 no show
Federal pretrial- 1 detained by the Judge	Haven residential - 1 cancelled; 1 no show
Hushabye Nursery- 1 no show	Villa Maria- 1 cancelled
Pima County Adult Probation- 1 left before intake completed	ARC RTC- 1 cancelled
Hope Inc.- 1 No show	Pima county public defender's office- 1 rescheduled, 1 cancelled (She exited the car after being picked up from the jail and walked away)
	Online search- 1 rescheduled

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Residential

In October, nine women successfully discharged. The Haven IOP welcomed six of them. Two others went to an IOP program that was a better fit for their situations, which is a successful transfer of care. One member transferred to another level of care that was more appropriate for her needs, which is still considered a successful discharge as her care was assessed and coordinated by the Residential treatment team. There was just one administrative discharge as this member was not clinically appropriate for the residential level of care.

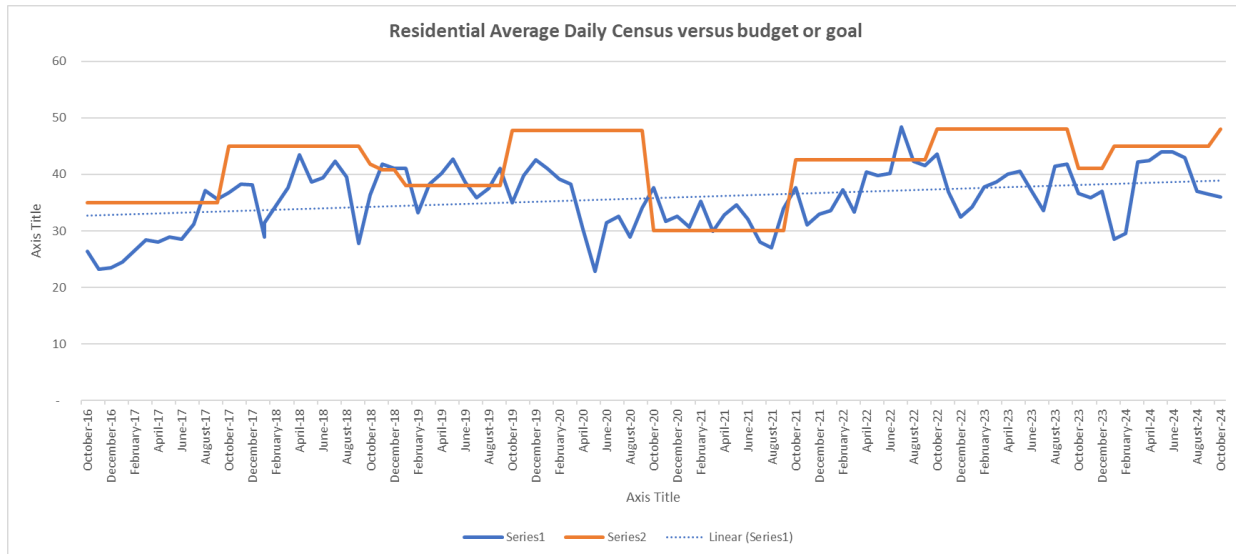
No members left AWOL.

Eleven members left Against Staff Advice (ASA) this month. Four left within 48 hours of admission due to not wanting to be in this level of care and/or they had different expectations of this level of care. Four left within 7-14 days of admission due to several reasons including peer conflict, wanting to be with family, and ambivalence about treatment. One left after 30 days. This last member kept going back and forth about how long she was willing to stay and had repeatedly committed to 60-90 days, then ultimately decided to leave The Haven on her 30th day. Another member left after 35 days because she wanted to see her mother in Nevada who was terminally ill. Prior to this woman's mother's passing, she was able to admit to IOP upon her return to Arizona. One left after 15 days due to receiving bed rest orders from the ED due to her

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pregnancy and she preferred to be home with family because of that. As always, we hope to see these individuals again and welcome them back when ready.

Our daily census goal for FY25 at Residential is 48, not including children.



Residential Events

- 10/3/2024 – Nati and Sandra attended Spiritual Walk at PYT Health & Family Center with some of the members in the Native Ways program, they participated in the walk starting at 5:30am!
- 10/10/2024 - Active Parenting group began at IOP for residential and IOP members. This is an evidenced based parenting group that meets criteria for Department of Child Safety (DCS) reunification standards. Active Parenting group is typically facilitated over 6 consecutive weeks.
- 10/11/2024 – This was National Coming Out Day, and we held an education group about the importance of the coming out and watched the Netflix *Will & Harper* documentary.
- 10/12/2024 – The Native American Wellness Day Event was held at the PYT Wellness Center, and we were able to take all residential members to the event. Tony Redhouse was one of the guest speakers at the event.
- 10/14/2024 – Indigenous People's Day. We transported some members of the Native Ways program to the U of A for a drumming event.
- 10/15/2024 – We transported some Native Ways members to a mini-documentary screening of *The Forgotten Prisoner* at Catalina High School.

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It was a mini-documentary made to raise awareness of children who suffer in silence from the stigma and trauma associated with parental incarceration.

- 10/17/2024 – The Native Parenting Workshop began. This is a culturally specific parenting group that is being taught at Tucson Indian Center. A few of our Native Ways members participated in the group, which will be held weekly.
- 10/19/2024 – We tabled at the Footsteps for Healing Domestic Violence Walk hosted by Emerge, SACASA, Goodwill, Tucson Juneteenth Festival, and Indivisible Tohono.
- 10/23/2024-Residential held the annual silent domestic violence awareness walk around the neighborhood. We held a processing group afterwards for members to share the impact that domestic violence has had on their lives and how they can move forward from those experiences.
- 10/29/2024 – We transported the Native Ways drummers to a Native Ways drumming event for Mindful Beginnings Conference at ASU in Phoenix.
- 10/31/2024 – Residential staff and members dressed up for Halloween. Staff set up stations across the property and passed out candy for members who wanted to participate in trick or treating. We held a door decoration contest for members and admin staff chose the winners!
- The ofrenda for Dia De Los Muertos was set up in Upper Rec and members and staff were able to put up pictures of loved ones who have passed.
- Nati will be presented an award at the 2024 Tribal Opioid Summit on 11/19/2024!

On behalf of the 2024 Tribal Opioid Summit Planning Committee and the Arizona Department of Health Services, it is our pleasure to inform you that you have been selected to receive the ADHS 2024 Michael Allison Leadership Award. This prestigious award was created in recognition of Michael Allison's 46 years of dedicated service to tribal economic development, healthcare management, and public health. As the first recipient of the Excellence in Tribal Health Award at the 2021 Tribal Opioid & Substance Abuse Conference, Michael was celebrated for his remarkable contributions to tribal health as the Native American Liaison with the Arizona Department of Health Services. His commitment to collaboration and tribal-specific solutions has left a lasting impact on the health and well-being of Indigenous communities. The selection

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committee recognizes your exceptional contributions, which align with the award's criteria, including your collaboration with Indian Health Services, Tribally-Operated 638 Programs, Urban Indian Health Organizations, and other entities serving American Indian and Alaska Native communities. Your achievements in healthcare advocacy, leadership, and positive influence in community and workplace settings are truly commendable and make you deserving of this honor.

Upcoming Residential Events

November	Occasion
All Month	Native American Heritage Month-We will facilitate weekly education moments for members.
11/1/2024	Dia De Los Muertos honoring event with Miguel Flores
11/7/2024	Nati attend Awareness to Action Domestic Violence Conference
11/11/2024	Veteran's Day
11/27/2024	Celebration Lunch for Native American Heritage Month
11/28/2024	Thanksgiving

Nursing

- Through coordination with PCHD, we have received 3 cases of Narcan at no cost which we use for distribution to ensure all members can leave treatment with Narcan. Every member leaving treatment is, and has been, leaving with Narcan and is educated on how to use it for their own safety and the safety of others.
- We hosted PCHD for our first vaccine clinic of the annual flu season. Flu, COVID, and Hepatitis A vaccines were available. 17 individuals participated in the event and 30 vaccines were distributed!
- We continue to host PCHD and SAAF for STI testing, bloodborne pathogen testing, and coordination of treatment. They are scheduled to come to residential once a month but have been gracious with their time and have come within days on request for timely testing of some of our women who have had concerns.

Native Ways

Please see Appendix A "October Board Report for Native Ways".

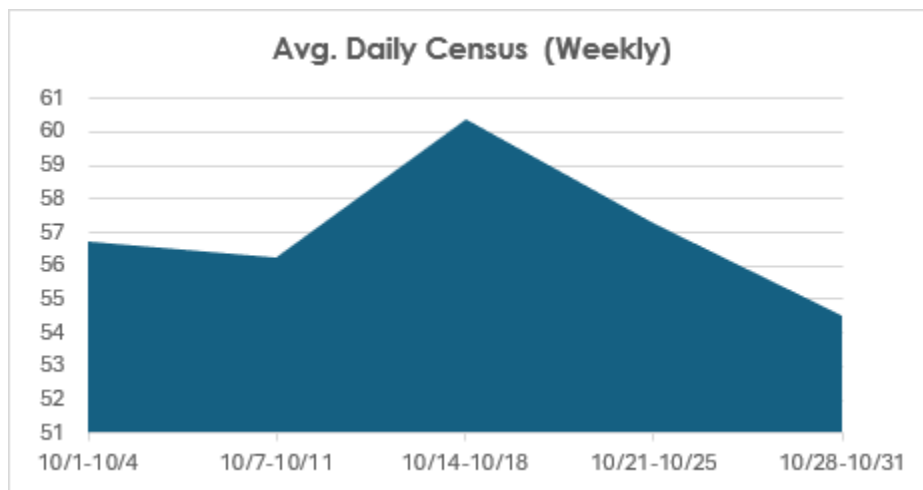
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Celebrating Families!

We wrapped up week nine of 16 for CF! this October with 10 members/families participating. One participant who started in the previous round of CF! (in the middle) completed her last session on 10/30/2024 and received her certificate.

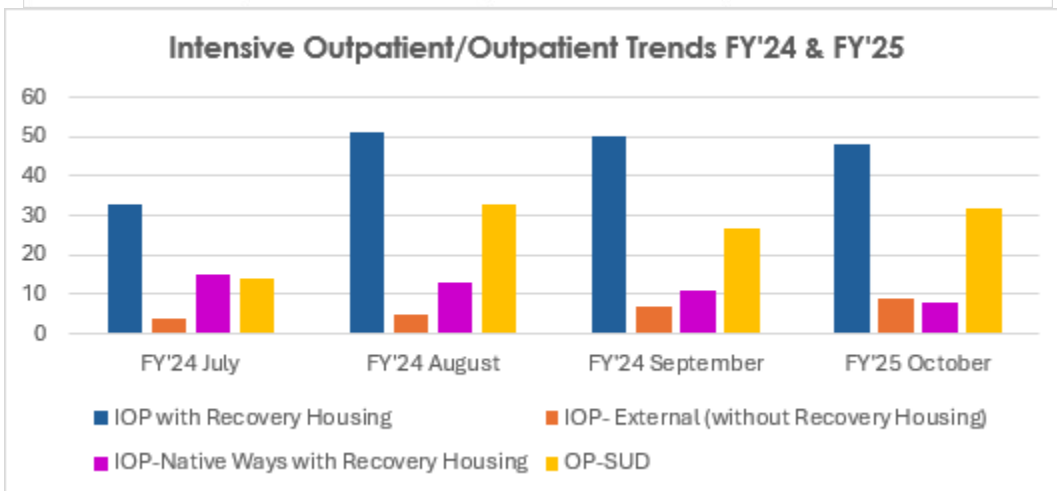
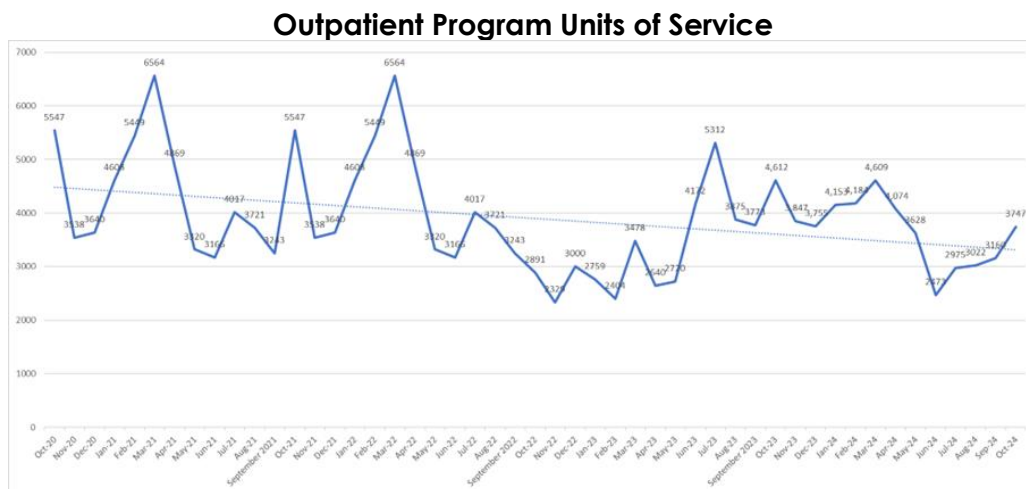
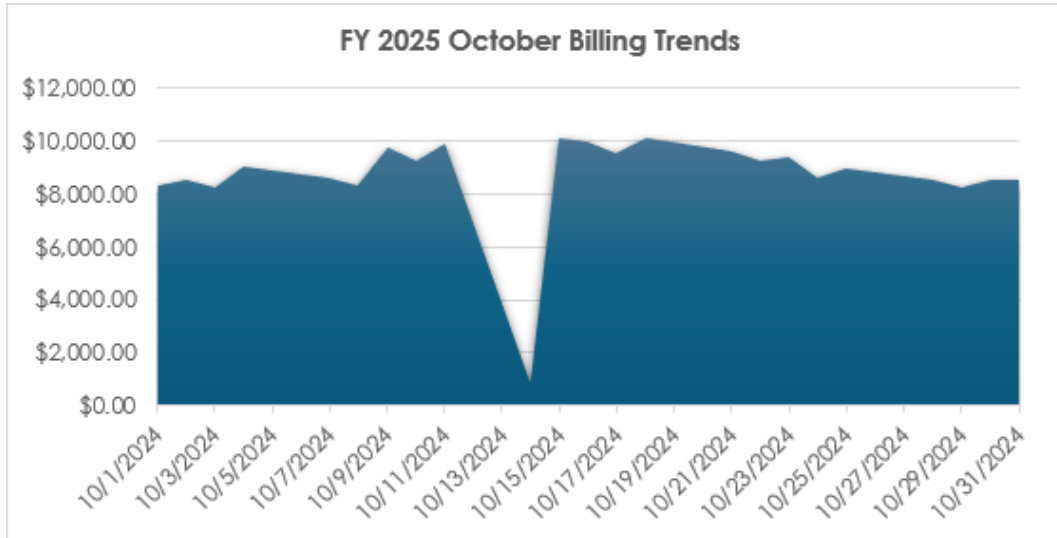
Intensive Outpatient & Outpatient

We are highly focused on growing the IOP program to a target daily census of 60 or greater that will support the business needs of The Haven.



On October 1, we began full implementation of our updated program model for IOP in order to meet AHCCCS's new Behavioral Health Covered Services Guide (BHCSG) specifications that we into effect the same date. The program outlines three core groups (Helping Women Recover, Matrix Model, and DBT Skills) with a host of specialty groups to support members in building a stronger recovery. The service mix has been tooled to provide quality clinical care and programming that engages our members while reaching a daily encounter goal of \$10k.

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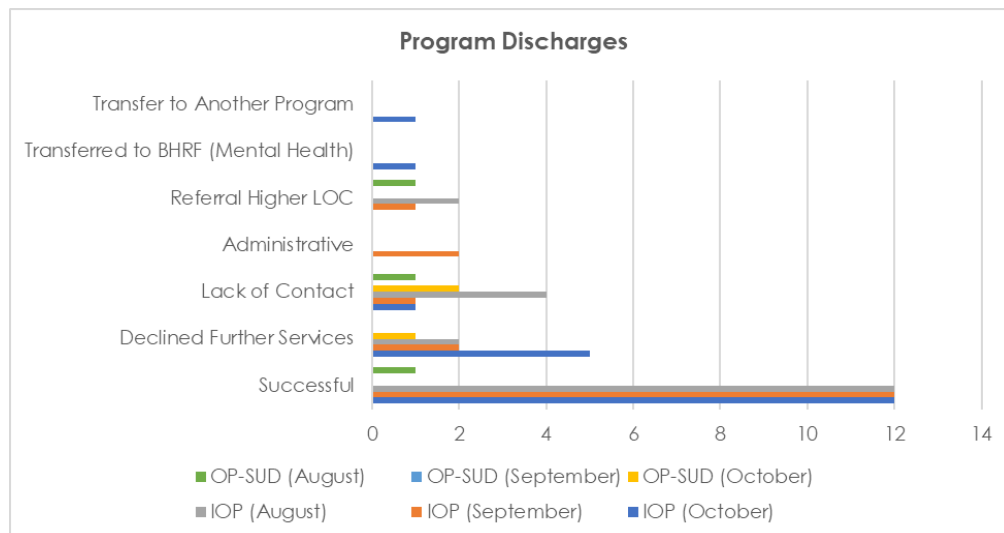


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IOP celebrated 12 successful completions in October! Five members declined further services. Only one woman was discharged due to a lack of contact. There were no administrative discharges, eight unsuccessful completions, and five members declined further services. One member transferred to another provider for mental health needs, no one transferred to a higher level of care, and one transferred to another IOP program in October.

We had three unsuccessful completions: one person declined further services, two unfortunately discharged due to lack of contact, but no one needed to transfer to a higher level of care.

August-October Discharges for both IOP and OP-SUD



Member Success Stories from October

Melissa completed IOP on 10/1/2024. She shared her happiness with becoming more resilient and comfortable with processing what has helped her stay sober in the past. *Melissa* shared she will continue with outpatient services to learn advanced ways to support her recovery.

Blanca successfully completed IOP on 10/7/2024. She shared gratitude for having grown in self-love and for practicing self-care that supports her recovery positively.

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Briana successfully completed IOP on 10/15/2024. She shared positive experiences of how she has grown in her feelings of being worthy and practicing forgiveness.

Cheryl successfully completed IOP on 10/22/2024. She gained insight into her own recovery as she became aware of her positive support to herself and peers.

Adrienne successfully completed IOP on 10/31/2024, having met her clinical treatment goals. She grew in her ability to practice self-compassion and experienced growth with feeling worthy.

We celebrate our members' successes and are excited for their next steps!

Workforce

HR Initiatives

- In October 2024, the new 2024-2025 Employee Benefits went into effect. HR collaborated with the new carriers to establish electronic data feeds, ensuring real-time benefit updates. Employee feedback has been highly positive, with many expressing appreciation for the shift to BlueCross Blue Shield and MetLife. Employees have highlighted the expanded coverage and larger network these plans offer, significantly enhancing their overall benefits experience.
- On October 1, 2024, agency-wide performance evaluations commenced, spanning a month and engaging managers and employees from all departments. Except for the CEO, every eligible employee received a performance evaluation, with 90% meeting or exceeding expectations. HR partnered with managers and supervisors to create performance improvement plans for employees who fell below standards, aiming to help them meet expectations within 30-90 days.
- Additionally, HR rolled out the merit-based bonus structure developed for 2024. Each evaluation was manually reviewed and processed to ensure rating accuracy and to determine bonus amounts, which were based on performance evaluation scores, employment status (full-time or PRN), and tenure at The Haven during the evaluation period. All eligible employees received a performance bonus for the past year.
- In November, HR will start reviewing and updating all job descriptions to ensure they accurately reflect role expectations and incorporate the organization's renewed focus on Motivational Interviewing.

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Diversity and Inclusion Committee

November initiatives include:

- Activities for Native American Heritage Month
- LGBTQ+ Training in all departments
- Dessert Baking Contest for Thanksgiving

Open Positions

- 1- VP of Clinical Services
- 1- Therapist (Outpatient Program)
- 5- Residential Technicians (3-6a-6p, 2-10am-10pm)



Administration & Facilities

Billing

- Billed 5,416 units of service for a net of \$469,378, up from \$422,469 in the prior month.
- Posted \$354,650 in payments and \$165,461 in contractual adjustments and denials.
- Provided audit sampling on 40 clients. No issues.

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- We continued the process of understanding how to handle issues on claims denied by AHCCCS for Indian Health Services customers in the future.
- Adjusted some billing techniques for the new covered services guide.

Information Technology

- We Rolled out implementation of Bring Your Own Device (In-tune) to all staff.
- We achieved a company score 775 of 800 in gamified micro-trainings, up from 748 in the prior month.
- Pulled items for audit. Error on one AP check with no signature and no initials on apron
- We failed to capitalize two items, and so have developed a new routine to catch this and signature failures.

Facilities

- Converted gas stoves at Glenn to electric.
- Got bids for electrics, so that we can install ceiling fans at Glenn.
- Got bids for paving driveway between Velva (1001) and Casa Mariposa (1015) E Adelaide
- Many projects are on hold due to cash flow issues.

Other

- We are still waiting on Occupancy permit from the City of Tucson for the Duplex, so that we can submit licensure paperwork to the Arizona Department of Health on the remodeled rooms completed in May 2022.
- Participated in audit fieldwork.
- Developed some new routines for proving Balance Sheet with slowed down cash flow.

Development and Communications

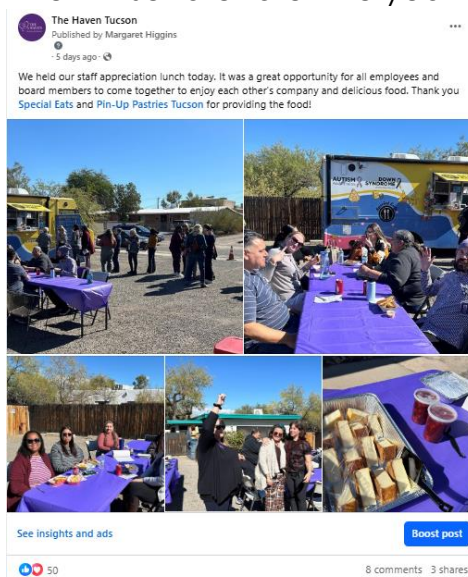
Please find below the first monthly development dashboard for the fiscal year 2025. The year is just getting started, but we have already received two grants. In addition, we received a \$15,000 award from the William E. Hall Foundation held at the Community Foundation for Southern Arizona. This is a one-time grant as the foundation is closing after 32 years. The Haven was chosen because our mission/vision is valued by the current advisory board and family. The foundation supports children's programs, and we suspect that The Haven was selected as a grant recipient because the foundation's directors are connected to Social Venture Partners.

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Breakdown	Year to Date	Goal FY 25	Progress
# individual donors \$1,000 +		25	
# individual donors \$1-999	12		
# individual in-kind donors	12		
Raised from individual donors	\$1,810	\$137,000	
Average gift		\$450	
# organizations/businesses	5		
Raised from organizations/businesses	\$749	\$40,000	
# Grants submitted	2		
# grants received	2		
Raised from grants	\$53,500	\$135,000	39.6%
Raised from awards	\$15,000	\$80,000	18.8%

Campaigns			
End of year giving		\$35,000	
Tax credit advertising		\$15,000	
Chrysalis luncheon		\$43,000	
Mother's Day		\$5,000	
Champions for Recovery		\$40,000	
House Parties		\$5,000	

We will send end of the year letters to all our donors in late November and early December. The letter features information about our impact and invites donors to make an end of the year gift. Our goal is to raise \$35,000 through the end of the year appeal. Our most popular social media post for the month were pictures from our staff appreciation lunch. The post reached 631 people and gained 340 engagements. Several former staff members and alumnae tried to find their favorite people in the pictures and sent greetings to the staff.



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November has been a busy month with different volunteer projects. We participated in the United Ways' Days of Caring event on November 1. Volunteers from Eller Collage of Management came to our residential campus and painted the fence along the volleyball court. The volunteers also added sand, refreshed the volleyball court, and pulled some weeds behind the boutique and Velva. As a result, the fence and the whole area looks more welcoming and brighter.



Later that same day, volunteers from Women United came over to write messages of encouragement and inspiration to our members and their families. These notes will be placed inside of children's books that members can pick up from the lobby as Women United advocates for early childhood literacy.

On November 14, we welcomed a group of volunteers from the Rotary Club of Tucson to residential. Rotarians have donated art and office supplies, like colored pencils, notebooks, and folders so that members can stay organized and express themselves while they are in treatment. We assembled these welcome kits and enjoyed brunch made by a Rotarian and Haven supporter Lisa Fogle.

We organized an Alumnae Halloween party on October 24 at the IOP clinic. The party was a great hit with 11 alumnae and 10 guests attending. People wore amazing costumes, and we had a Halloween scavenger hunt, arts and crafts, as well as plenty of delicious food. The youngest party attendee had just turned 6 months.

We're happy to announce that we have finally hired an Indigenous Communities Outreach Coordinator. Fredy Aranda started in the position on October 21. He has worked in various roles for the Tohono O'odham Nation and

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has good connections to other tribes as well. We are excited that Fredy has joined our outreach team, and he will work closely with Tracy and Emilia to expand our outreach efforts.

Here's a list of community events we have tabled at.

- Awareness to Action Domestic Violence Conference hosted by the Pascua Yaqui Prosecutor's Office on November 5-7
- Amado Chili Cook-Off hosted by Pima Prevention Coalition on November 16. The Haven was one of the sponsors and our members volunteered at the event.
- Native American Heritage Month celebration at Pima Community College on November 21

Quality, Compliance & Risk

Stats for the month of October

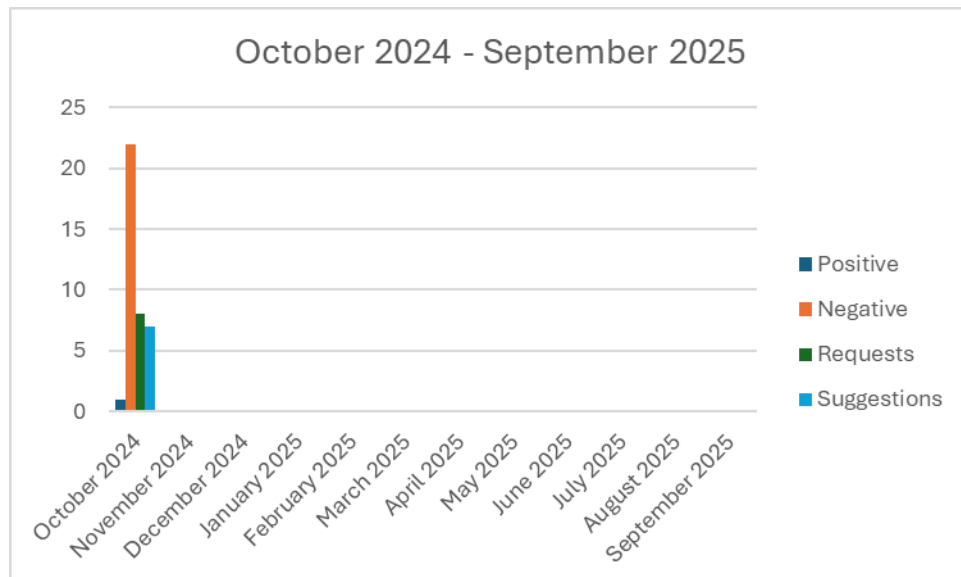
- Incident, Accidents & Deaths (IADs): 10
 - There was a decrease by 2 IADs from the prior month.
 - Sent to ED/Urgent- 8
 - Crisis Mobile Team - 2
 - Suicide Attempt- 0
 - Med Error- 0
 - AWOL- 2
 - Vehicle Accident- 0
 - Injury- 0
 - Transfer to Higher Level of Care- 0
- Quality of Care (QOC) Responses Requested from Payors in prior month: 1
 - 1-Corrective Action Plan (CAP) in progress. We are waiting on closure.
 - 0- Substantiated at a level 0. They will continue to monitor.
 - 0- No response. They only requested records.
 - 0- Substantiated at level 0. Follow up records required.
- Quality/Compliance Internal Investigations: 3
- Status of Audits: 0

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- We initiated monthly internal reviews of 10% representative sampling for both open and closed charts, combined, in Residential, IOP, and OP levels of care.
- Trainings
 - IAD Trainings- 0
- Complaints Made by External Parties directly to The Haven via the website, phone calls, and more: 0
 - No official complaints were filed with QCR.
- Member Feedback Submissions – 38

Members select one of these categories when they submit a Member Feedback Form:

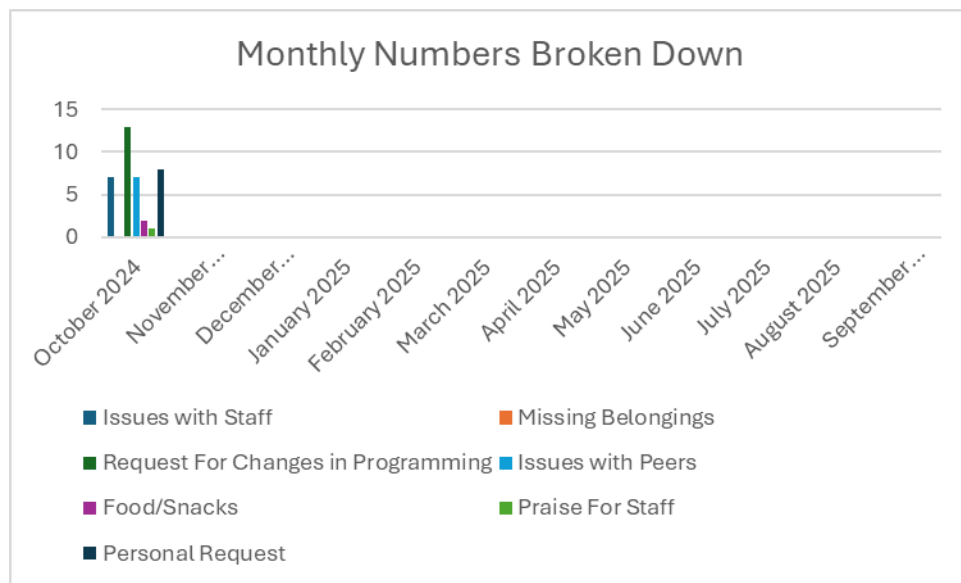
- Positive (Giving Positive Report)- 1
- Negative (Reporting an Issue)- 22
- Request (Making Requests for Things Not Currently Apart of the Program)- 8
- Suggestions (An idea to help improve the program)- 7



- The above numbers include:
 - Issues with staff/program: 7
 - Missing Belongings: 0

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- Request for Changes in Programming: 13
- Issues with Peers: 7
- Food/Snack Requests: 2
- Praise for Staff: 1
- Personal Request: 8



- We have prioritized these Health & Safety Issues:
 - Completing all required safety drills
 - Assessing Haven vehicle maintenance records
 - Assessing vehicle kits process and documentation
 - Assessing internal health and safety checklists for all locations
- Medical Records Requests
 - Requests for items in a member's chart from outside entities - 38
 - Referrals for services (i.e., housing, higher levels of care) - 10
 - Verification Letters - 3

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Appendix A

Native Ways

October is National Domestic Violence Awareness Month. Victim advocates, allied professionals, survivors of abuse, their loved ones, and the surrounding community come together to mourn the lives lost to domestic violence, celebrate the progress that has been made to end this epidemic, and



connect with others who are working to create change. American Indians and Alaska Natives are 2.5 times more likely to experience violent crimes and at least 2 times more likely to face rape or sexual assault compared to all other races. More than 4 in 5 American Indian and Alaska Native women—84.3 percent—have experienced violence at some point in their lives.

An interesting fact: The Pascua Yaqui Tribe has the authority to arrest and prosecute non-Indians who commit certain domestic violence crimes on tribal lands. They were one of the first three tribes to participate in a pilot program that allowed them to exercise this authority. Since 2013, their tribal authorities have prosecuted over 80 cases, resulting in 37 convictions.

Native Ways Alumni Program

- *Kara* - October 22, we hosted our first Native Ways Alumni member in our IOP NW group. She shared her recovery story and said that The Haven saved her life. Kara has been in recovery for 18 years, and the members found her story to be inspiring.

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- October 31, we welcomed our second Native Ways Alumni member to speak to our IOP NW group. She was highly engaging, and I heard several attendees mention that she was the best speaker The Haven has ever had.
- October 24, we hosted the Alumni Halloween Party at IOP, which was well attended by NW Alumni members.
- In October, we added several new events to the Native Ways Event Calendar as part of the third edition of the Native Ways Program at The Haven. We also created a modified calendar for the Residential program.
- This month, we introduced FREE boxing classes led by a nationally recognized native champion coach. He specializes in empowering native women and children who have experienced domestic violence and other forms of trauma. Classes are held at the Richie location.

Native Ways Event Calendar
for IOP, OP, and Alumni Members
OCTOBER 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Attend Boxing with PYT Coach Jose Moraga @ Old Pascua Ritchie School between 4-7pm on M & F	1	2 Wellness Wednesday AcuDetox @ Peacock 12-2pm	3 Spiritual Walk @ PYT Health & Family Center 5:30am *** Leadership Dev't Workshop @ TIC 1-3pm *** Native Sisters in Recovery @ TIC 4:15-5:15pm	4 Boxing with Jose @ PYT Richie 4-7pm	5 The Haven Tumamoc Hike Meet at trailhead at 7am
6 Mindful Monday Yoga @ Peacock Rm. 3-4pm *** Boxing with Coach Jose @ PYT Richie 4-7pm *** Mentor Mix & Mingle @ Peacock Rm. 5:30pm	7	8 Drumming @ Mariposa Rm. 5:30-7:30pm	9 Wellness Wednesday AcuDetox @ Peacock 12-2pm	10 Job Club @ TIC 10-11am *** Native Sisters in Recovery @ TIC 4:15-5:15pm	11 Boxing with Jose @ PYT Richie 4-7pm	12 2024 Native American Family Wellness Day @ PYT Wellness Center 9:30am-2pm
The Haven offices are CLOSED →	14 Indigenous Peoples' Day Mindful Monday Yoga @ Peacock Rm. 3-4pm *** ASF Family Event @ 225 E. 28th St. 12pm-5pm *** 2 Spirit of Tucson LGBTQ2S 5:30-7pm	15 Native Parenting Workshop @ TIC 4-6pm	16 Wellness Wednesday AcuDetox @ Peacock 12-2pm	17 Job Club @ TIC 10-11am *** Native Sisters in Recovery @ TIC 4:15-5:15pm	18 Boxing with Jose @ PYT Richie 4-7pm	19 The Haven Tumamoc Hike Meet at trailhead at 7am *** Footsteps for Healing Walk @ Silverlake Park 7-11am
20 Mindful Monday Yoga @ Peacock Rm. 3-4pm *** Boxing with Coach Jose @ PYT Richie 4-7pm	21 Native Parenting Workshop @ TIC 4-6pm *** Drumming @ Mariposa Rm. 5:30-7:30pm	22	23 Wellness Wednesday AcuDetox @ Peacock 12-2pm	24 Job Club @ TIC 10-11am *** Native Sisters in Recovery @ TIC 4:15-5:15pm	25 Boxing with Jose @ PYT Richie 4-7pm *** Fright Night @ TIC 6-8pm	26
27 Mindful Monday Yoga @ Peacock Rm. 3-4pm *** Boxing with Coach Jose @ PYT Richie 4-7pm	28 Native Parenting Workshop @ TIC 4-6pm	29 Native Parenting Workshop @ TIC 4-6pm	30 Wellness Wednesday AcuDetox @ Peacock 12-2pm *** Labyrinth Walk with Natl @ Rio Vista Park 3:30-5pm	31 Halloween Haven Health Party @ Glenn 12:30-3pm		

2601 N. Campbell Ave. Ste. 105, Tucson, AZ 85719 Questions? Text Tracy @ (520) 833-4878

Native Ways Event Calendar
for Residential Members
OCTOBER 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3 Spiritual Walk @ PYT Health & Family Center 5:30am *** Leadership Dev't Workshop @ TIC 1-3pm	4 Drumming @ House 5 2:30-4:30pm	5 The Haven Tumamoc Hike 7am
6	7	8	9	10	11 Drumming @ House 5 2:30-4:30pm	12 2024 Native American Family Wellness Day @ PYT Wellness Center 9:30am-2pm
13	14 Indigenous Peoples' Day	15 Native Parenting Workshop @ TIC 4-6pm	16	17	18 Drumming @ House 5 2:30-4:30pm	19 The Haven Tumamoc Hike 7am
20	21	22 Native Parenting Workshop @ TIC 4-6pm	23	24	25 Drumming @ House 5 2:30-4:30pm *** Fright Night @ TIC 6-8pm	26
27	28	29 Drumming Event for Mindful Beginnings Conference @ ASU West 9:30am-5:30pm *** Native Parenting Workshop @ TIC 4-6pm	30 Labyrinth Walk with Natl @ Rio Vista Park 3:30-5pm	31		

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THE HAVEN
CEO's Report
Submitted to the Board by Aimee Graves
November 20, 2024

- We participated in the Pascua Yaqui Tribe's Annual Spiritual Walk on October 3rd, which began in New Pascua and concluded at San Xavier Mission. Members from NW Residential.



- Residential organized a Domestic Violence Awareness Walk, led by Miguel and Nati. Miguel offered a blessing, and participants walked with Haven staff around the block while holding signs to raise awareness. Following the walk, there was a powerful emotional processing group session. The resiliency of our members is awe-inspiring.
- On October 19, we hosted a table for the Footsteps for Healing Walk at Silverlake Park. The event drew a large crowd from the community, with many attendees taking pamphlets and writing encouraging messages on our butterfly cards for the residents of Haven.



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- On October 29, five Residential members, Denise and Sandra attended the Mindful Beginnings Conference took at ASU West. Members performed at this prestigious event. The Strong Women Drum Group received a positive response from the participants.

MINDFUL BEGINNINGS:
EMBRACING INCLUSIVITY IN PERINATAL AND BIRTH THROUGH FIVE COMMUNITIES OF CARE

The Infant Toddler Mental Health Coalition of Arizona (ITMHCA) is hosting an in-person social justice conference for professionals supporting perinatal and birth through five members and families.

Tuesday, October 29, 2024
ASU - West Campus, 13590 N. 47th Ave, Glendale, AZ 85306
8:30AM - 4:30PM MST

REGISTER HERE
www.itmhca.org/MindfulBeginnings/

BestforBabies
CHILDREN'S EQUITY PROJECT
FIRST THINGS FIRST



“We heard from several folks that The Haven's Strong Women Drum Group was the best part of the day. We are so grateful that you were willing to be with us. Thank you!!!” -Hilary Mahoney

- Over the past two years, Haven IOP members had not been consistently showing up for HIV and STI testing. We brainstormed a fun idea highlighting the importance of teamwork. On October 31, we held the Halloween Health Party at Glenn. which led to 23 members participating

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in our most recent event! The Pima County Health team ran out of swabs; they did not expect such a fantastic response!

The Pima County STI Mobile Testing Truck tested the 23 attendees, and each participant received a Haven logo cup as a token of appreciation. We organized a scavenger hunt, crafts, games, and candy, all while playing Halloween music to create a fun atmosphere as attendees awaited their test results. We are excited to announce that our next event will be in January 2025, featuring the "New Year/New You Haven Health Party."

