

December 2024 Alumnae and Outpatient Program Group Schedule

All groups will be held in the Peacock room at The Haven IOP building located at 2601 N Campbell suite 107, unless otherwise noted. Shawna, the Alumni Coordinator, can be reached at, 520.833.3277 with any questions or RSVP's.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4 1pm-2pm ACUDETOX	5	6 9am-3pm Holiday Community Resource Fair 5446 E 4th st	7 4pm-6pm The Forgotten Prisoner Documentary & Panel Discussion @525 N Bonita Ave
8	9 12-12:40PM MINDFUL MONDAY YOGA AND RELAXATION	10	11 1pm-2pm ACUDETOX	12	13	14
15	16 12-12:40PM MINDFUL MONDAY YOGA AND RELAXATION	17	18 1pm-2pm ACUDETOX	19	20	21
22	23 12-12:40PM MINDFUL MONDAY YOGA AND RELAXATION	24 6pm Xmas NAthon-24hr PJ party & meeting marathon/Potluck @5360 E Pima St	25 MERRY CHRISTMAS	26	27	28
29	30 12-12:40PM MINDFUL MONDAY YOGA AND RELAXATION	31 6pm New Years NAthon Dance/Karaoke party & meeting marathon/potluck @5360 E Pima St.				