

January 2025 Alumnae and Outpatient Program Group Schedule

All groups will be held in the Peacock room at The Haven IOP building located at 2601 N Campbell suite 107, unless otherwise noted. Shawna, the Alumni Coordinator, can be reached at, 520.833.3277 with any questions or RSVP's.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8 12pm ACUDETOX	9 4PM ALUMNI TUMAMOC HIKE HIKE PLEASE RSVP SO WE KNOW TO WAIT FOR YOU	10	11
12	13	14	15 12PM ACUDETOX	16 10am-11am ALUMNI COFFEE CATCHUP @ DUNKIN DOUGHNUTS 2553 n Campbell Ave/this is a buy your own event.	17	18
19	20	21	22 12PM ACUDETOX	23 5-6:30pm WELLNESS WORKSHOP MEDITATION, SNACKS SOUND BATH AND VISION BOARDS.	24	25
26	27 9am ALUMNI TUMAMOC HIKE HIKE PLEASE RSVP SO WE KNOW TO WAIT FOR YOU	28	29 12PM ACUDETOX	30	31	