

# March 2025 Alumnae and Outpatient Program Group Schedule

All groups will be held in the Peacock room at The Haven IOP building located at 2601 N Campbell suite 107, unless otherwise noted. Shawna, the Alumni Coordinator, can be reached at, 520.833.3277 with any questions or RSVP's.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 11am-2pm <b>Resource Fair</b> hosted by PEACOC @ Ft Lowell Park wellness resources, food and music.
2	3	4	5 12pm <b>ACUDETOX</b>	6	7	8 9am-12pm <b>Haven Alumni Wellness Day</b> 3716 N Camino Blanco Dr 85718 Please RSVP
9	10	11 1pm-2pm <b>Alumni Coffee Catch up@ Dunkin Doughnuts</b> 2553 n Campbell/buy your own event	12 12PM <b>ACUDETOX</b>	13	14	15 7:15-8:15pm <b>Yoga for Recovery</b> @Yoga Oasis Central (free class when you mention you're with The Haven)
16	17	18	19 12PM <b>ACUDETOX</b>	20	21	22 7:15-8:15pm <b>Yoga for Recovery</b> @Yoga Oasis Central (free class when you mention you're with The Haven)
23	24	25	26 12pm <b>ACUDETOX</b>	27 9am <b>Alumni Tumamoc Hike</b> RSVP Needed	28	29 7:15-8:15pm <b>Yoga for Recovery</b> @Yoga Oasis Central (free class when you mention you're with The Haven)