



The Haven Impact Report

2024

October 1, 2023 – September 30, 2024

Dear Friends of The Haven,

Women's mental well-being, including recovery from trauma and substance use disorders, is an essential part of overall health and healthcare. As we reflect on 2024, we celebrate a year marked by transformation, teamwork, and meaningful impact. Our success is a direct result of the unwavering dedication of our employees and board members, the trust of our members and their loved ones, and the support of our community partners. Together, we have adapted to a changing behavioral healthcare landscape, allowing The Haven to continue making a positive difference in women's lives.

In an increasingly competitive environment, we have adjusted to economic shifts, new regulations and increased oversight, and technological advancements that shape our services. As we enter The Haven's 55th anniversary year, we remain committed to enhancing member experiences, investing in our employees, and ensuring organizational sustainability. Our strategy is centered on making sure women have equitable access to high-quality services; expanding our ability to attract, develop, and retain a diverse, high-performing, inclusive workforce; and continuously improving and streamlining our internal operations.

We are excited about the opportunities ahead and are confident in our ability to continue evolving and creating meaningful impact for women and their families in the years to come. Your continued trust and support are invaluable to us. Together we can build a healthier, stigma-free community for those facing mental health and substance use challenges.

Sincerely,



Aimee Graves
Chief Executive Officer



Who We Are

The Haven helps women heal from substance use disorders in a family inclusive environment. The organization celebrates its 55th anniversary in 2025.

Vision

We envision healthy communities, without stigma towards those with mental health and substance use challenges.

Mission

To provide professional, holistic services to all women as they unlock their potential while recovering from substance use disorders and while moving toward their best mental health.

Values

We believe in and are committed to:

- Recovery with Respect
- Supporting members in achieving their goals
- Recovery that is possible for all and is limitless in scope
- Assisting our staff with professional and personal development
- Contributing to the health of the Tucson community

"The Haven went above and beyond my expectations and I'm so thankful I decided to come here."



Highlights of FY2024

587

members
served

23% increase
from previous
year

Connected

929

individuals
to services

Served
207 alumnae
&
73 family
members

800

admits to
programming

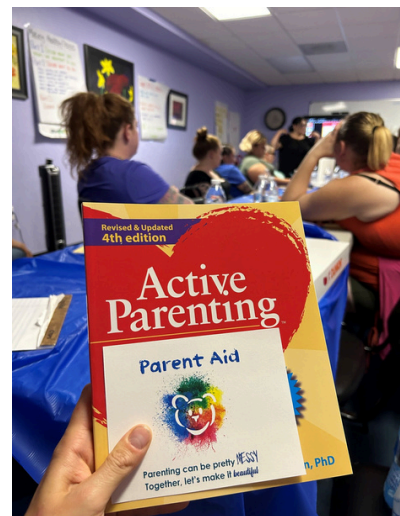
18% increase
from previous
year



Silent procession around the neighborhood in honor of the Missing and Murdered Indigenous Persons Awareness Day in May.

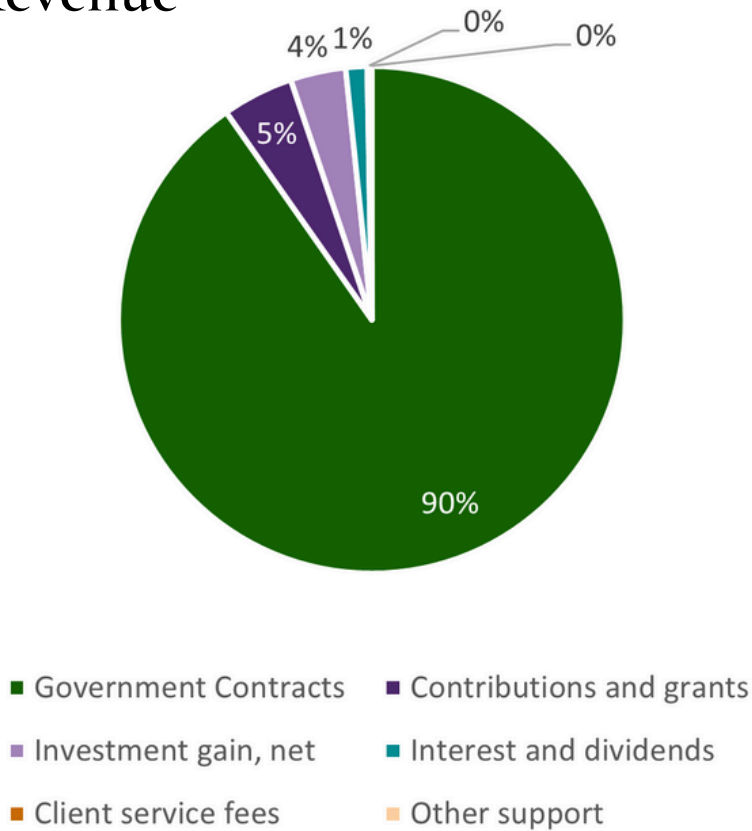
New Initiatives

- We expanded our family programming thanks to grant funding from The Blue Cross Blue Shield of Arizona Foundation for Community & Health Advancement. In December 2023, we launched the first round of the *Celebrating Families!* Program. Celebrating Families! is a 16-week, evidence-based curriculum that teaches families healthy living skills.
- The same grant funding enabled us to arrange an organization-wide Motivational Interviewing (MI) training from January through April. MI is a person-centered way of having a conversation about change and growth to strengthen the person's own motivation to change.
- In May, our residential members began to volunteering at the Z Mansion to provide food and services to individuals experiencing homelessness.
- In July, we teamed up with Parent Aid to offer our members ongoing Active Parenting classes. We organized two 6-week series during the summer and the fall.
- In August, we embarked on a "State of Kindness" inquiry with the University of Arizona Science of Kindness Community Collective. Our goal is to make The Haven the kindest possible treatment center in the world.



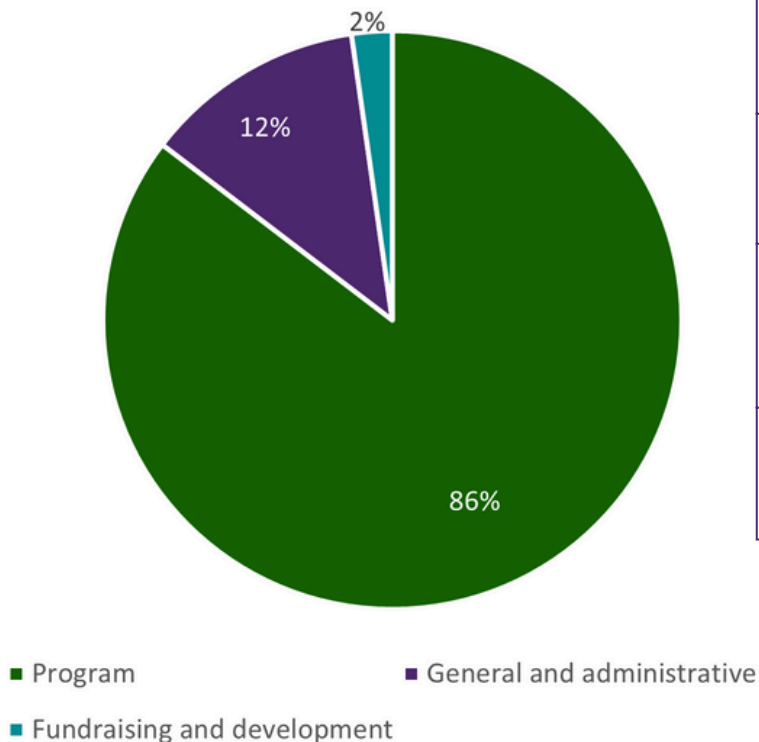
Financial Stewardship

Revenue



Government Contracts	\$6,329,320
Contributions & Grants	\$318,883
Investment Gain, Net	\$255,933
Interest and Dividends	\$87,605
Member Service Fees	\$15,900
Other Support	\$4,037
Total	\$7,011,678

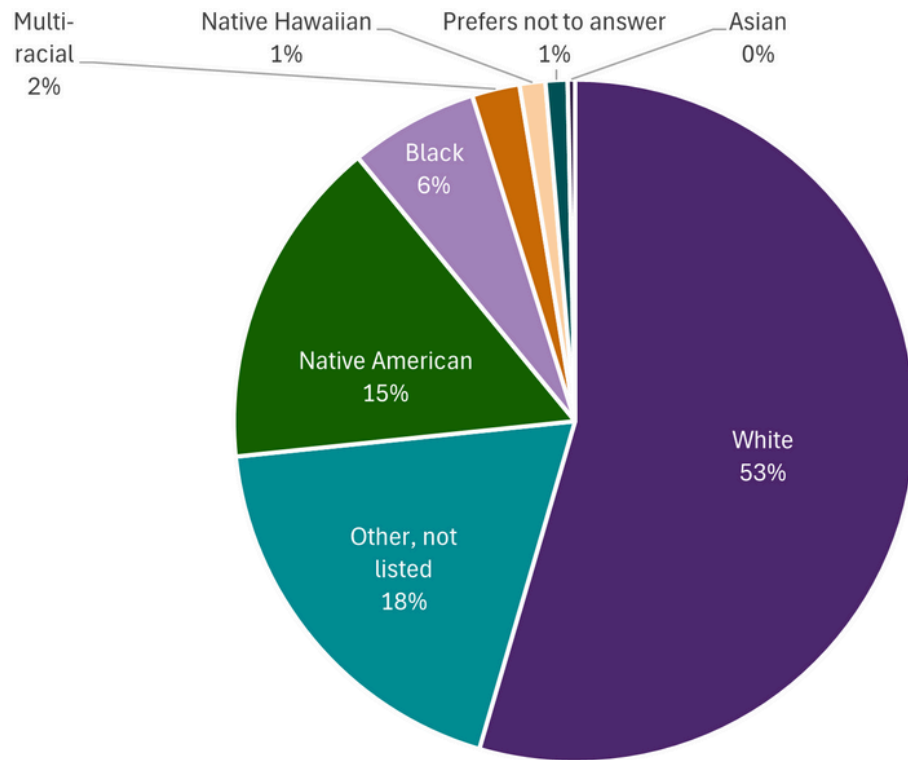
Expenses



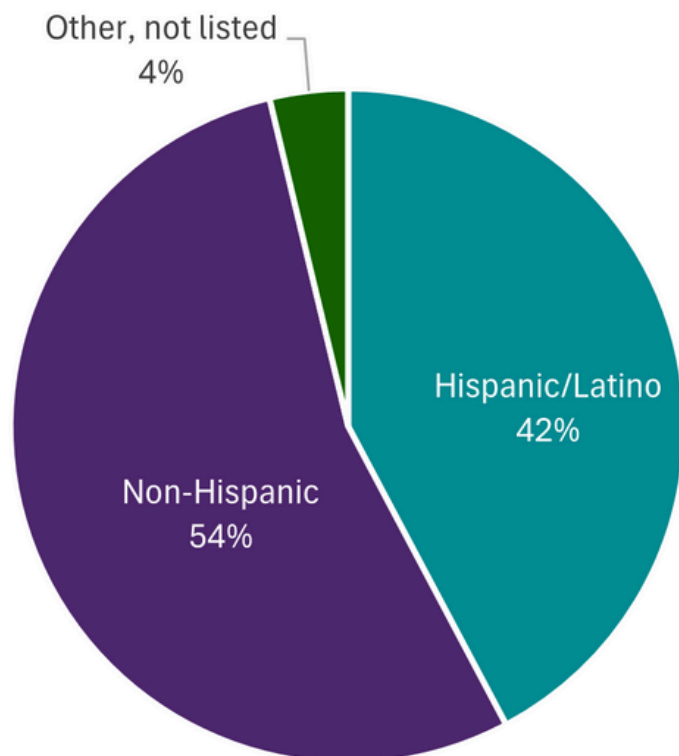
Program	\$6,256,003
General and Administrative	\$905,783
Fundraising and Development	\$166,060
Total	\$7,327,846

Member Demographics

Race



Ethnicity



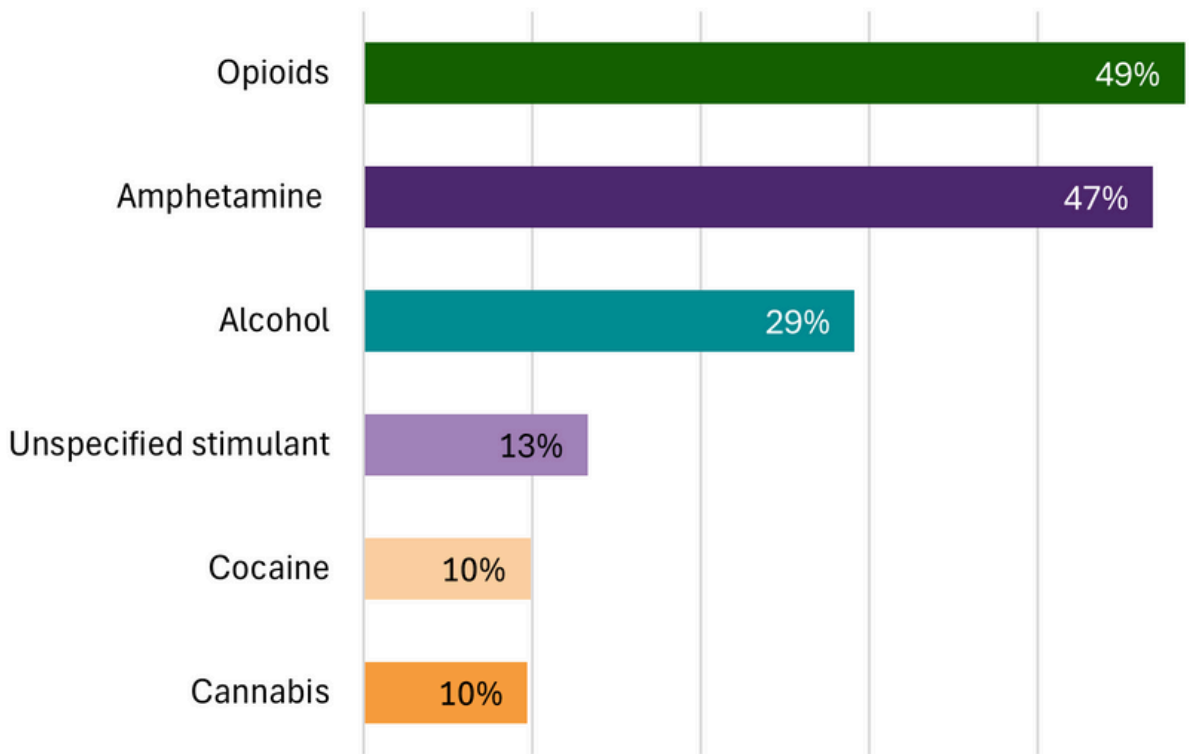
Average member age = 37

Youngest member = 18

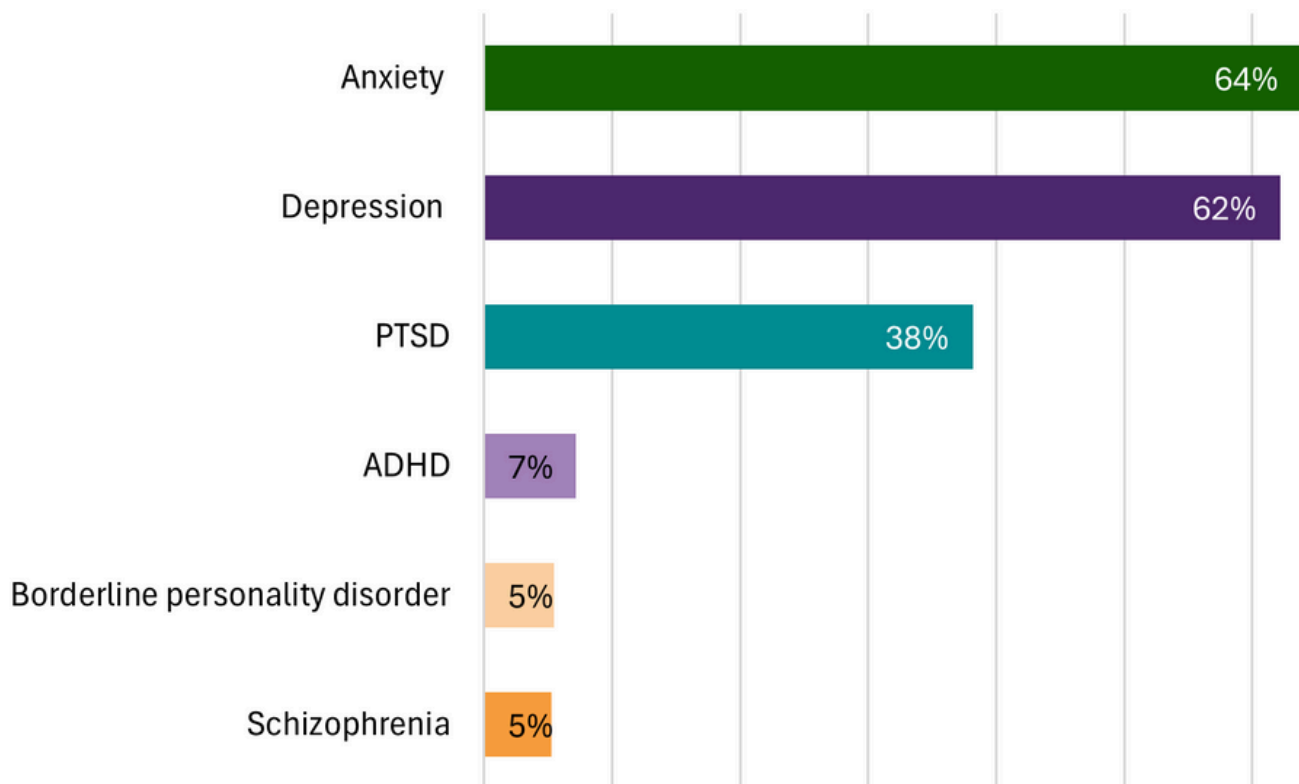
Eldest member = 67

Diagnoses

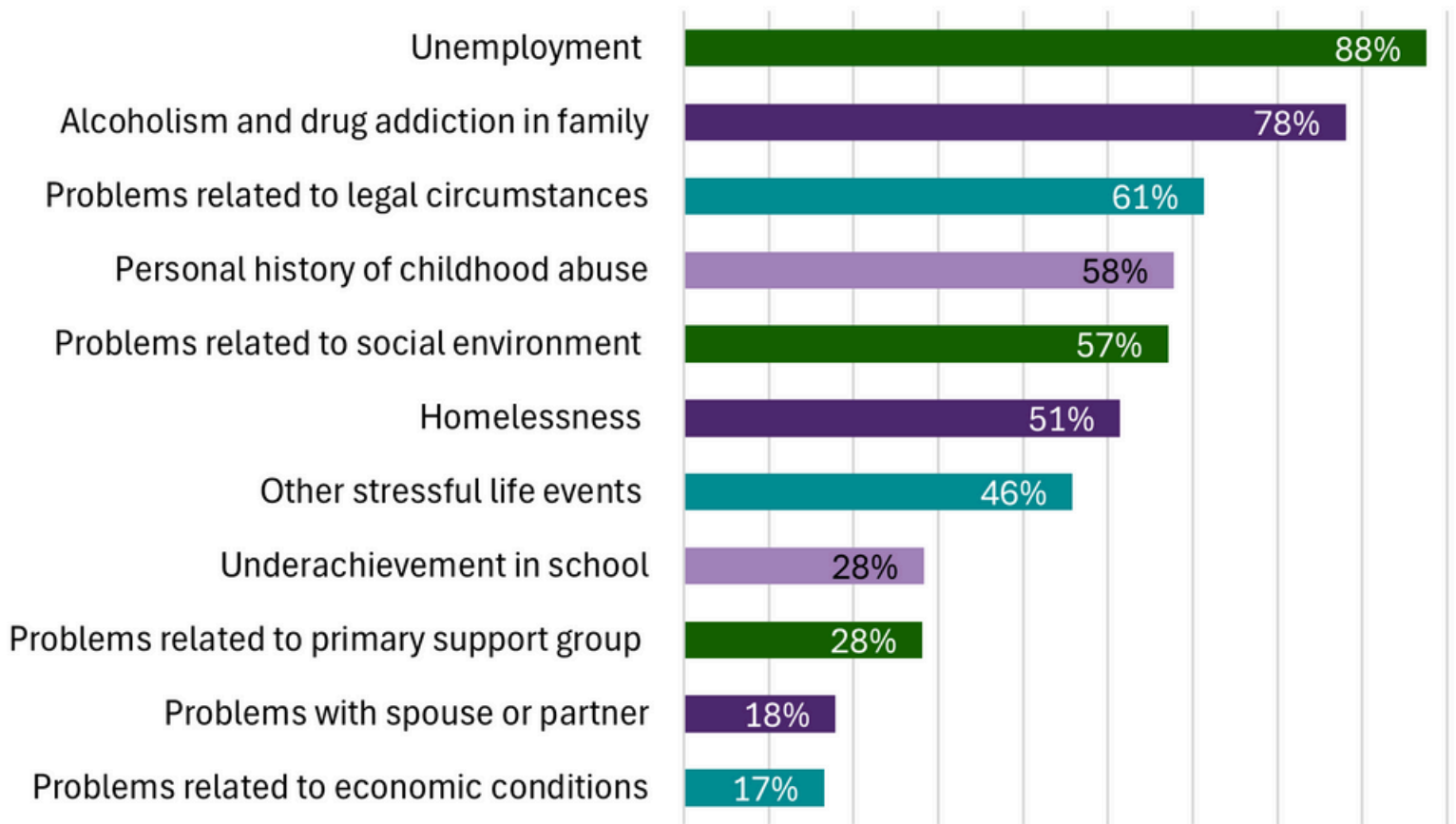
Severe Substance Use Disorders by Category



Mental Health Diagnoses



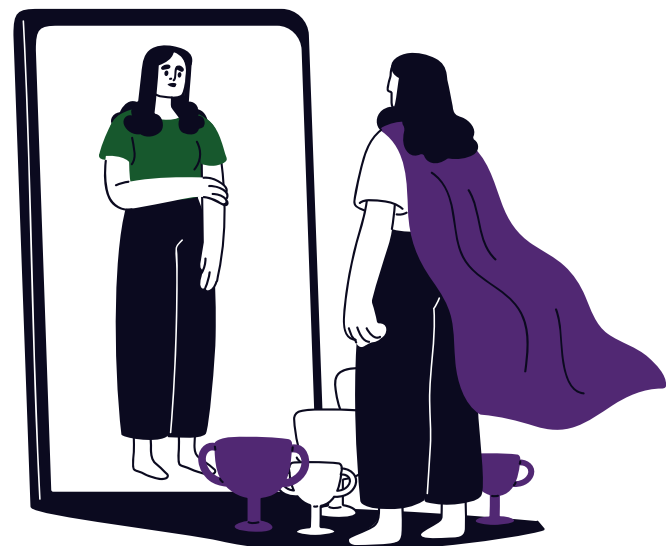
Prevalence of Social Determinants of Health (SDOH)



SDOH Outcomes

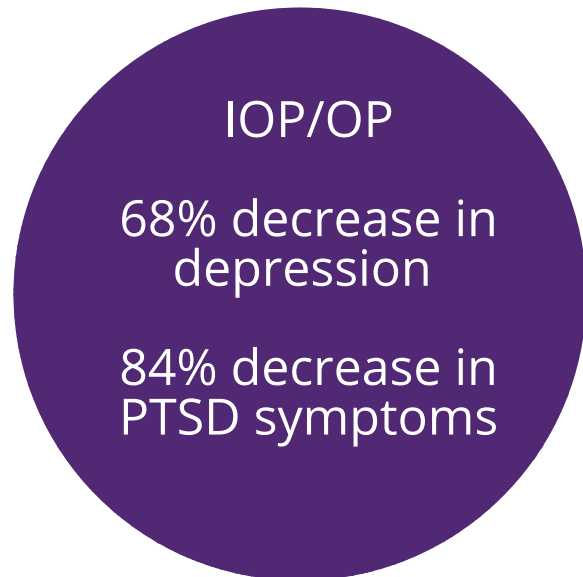
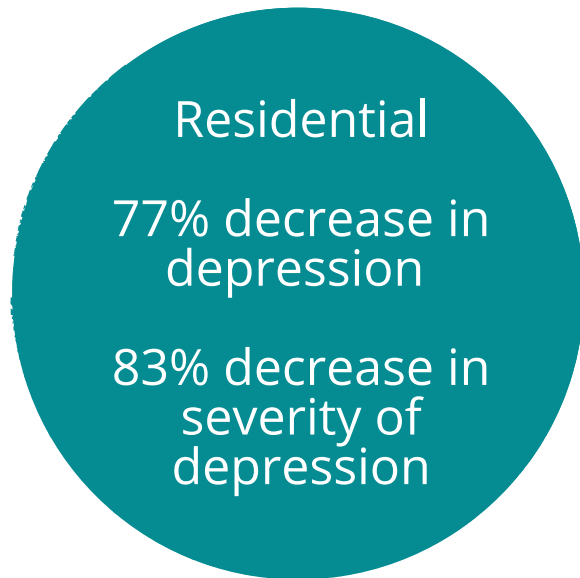
74% of members had stable housing and 51% had stable employment when they completed IOP

"All staff and my treatment team had my best interest at heart which made a world of difference compared to other facilities in my past. Staff lead by example, which helped open the gateways of trust. Thank you so much!"



Impact

92% of members would recommend The Haven to others.



Keeping Families Together

- Supported over 350 weekend visitations for children and Haven moms
- Served 32 pregnant women
- Prevented 7 likely removals by Department of Child Safety
- Advocated for the discharge of 5 newborns alongside their mothers to the Residential campus
- Welcomed 17 children to live at the Residential campus and 8 at the IOP Recovery Housing
- Coordinated with the Department of Child Safety to arrange supervised visitation for 16 children at The Haven



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Special Thank You to Our Supporters

- Ruth Alexander Endowment Fund Held at the Community Foundation For Southern Arizona
- Connie Hillman Family Foundation
- Tucson Federal Credit Union
- Arizona Complete Health
- JNR Networks
- TMC Health Foundation
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- National Bank of Arizona
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- Kendra Scott
- Altrusa International Foundation Of Tucson, AZ
- St. Mark's Quilters Guild
- Tucson Appliance Company
- Rotary Club of Tucson
- United Way Days of Caring
- Avant Recovery
- Sober Sisters
- Santa Rita Landscaping





Strengthen our Impact

The Haven helps women heal their body, mind, and spirit. With your support, women can heal in the meditation garden, around the drum, and together with their children. Thank you for giving women hope for their futures!

Scan to donate!



Platinum
Transparency
2024

Candid.

